# L.E.A.P.

# LEARNING ENRICHMENT ACTIVITIES PROGRAMME



AN OUTSTANDING RANGE OF EXTRA CURRICULAR ACTIVITIES ALL SUBJECTS HAVE EXCITING LEARNING EXPERIENCES OUTSIDE THE CURRICULUM

GET INVOLVED,
MAKE NEW FRIENDS
AND FANTASTIC
MEMORIES



# LEAP to success at UCC!

At UCC we are passionate about learning. We want students to learn and grow throughout their time here and we think an important aspect of school life is to experience opportunities to develop outside of the classroom. We have developed our extra-curricular provision over many years and we offer a huge range of clubs, teams, activities and trips throughout the year for students to engage in.

We believe that these opportunities form life-long memories for young people and we actively encourage students to immerse themselves in the wider life of the school in order to develop their character, skills and personal qualities. Our Learning Enrichment Activities Programme (LEAP) is full of exciting and varied opportunities; we ensure there is something for everyone to get involved in so students can genuinely thrive whilst at UCC.









## Additional Curriculum Enhancement Days

Each term we hold an ACE day (Additional Curriculum Enrichment) hosting exciting opportunities for students to learn about a range of carefully planned topics outside of the normal curriculum. Many of the ACE day activities involve an educational visit so students get to experience learning outside of the school environment.

Our ACE day programme can be found below:

	ACE Day 1	ACE Day 2	ACE Day 3
UCC ACE Days	Enterprise, aspiration and ambition	Citizenship and business	Culture and diversity
Year 7	The Art of Brilliance	Lincoln Cathedral and Castle	Boulogne trip
Year 8	The Real Game	Birmingham ThinkTank	Black Country Museum
Year 9	Enterprise event	Parliament	Shakespeare in Stratford
Year 10	Work Experience preparation	Cadbury's World / British Values	Work Experience
Year 11	Post 16- World of Work	Personal safety	N/A



### PE and School Sport

Sport has a high profile within the college as we offer an exciting, varied, fun and challenging PE curriculum and are passionate about the sports we deliver. Our PE motto is 'to be better than before' and reflects our desire to improve, as well as offering opportunities for all, which enable students to develop a lifelong passion for sport. During 2019-20 over a third of pupils played competitive sports fixtures with many of our teams competing and winning at local, county and regional levels. In 2018 and 2019 we were awarded the Ernie White Award for Commitment to School Sport at the Leicestershire and Rutland Sports Awards. We are very proud that we have the highest participation rates for sport as part of the Team Leicestershire competitions, giving our pupils access to a wide range of sporting opportunities throughout the year.

The college has strong links with the local School Games Organiser, allowing us to host Primary Sports Festivals and give our pupils leadership opportunities as part of the Rutland Leadership Academy.

#### **Sports Council**

This year sees the fifth year of our Student Sports Council for the college. Each year group has a Boys and Girls Sports Captain who will sit on the council and help develop the sports programme for the coming year.

#### Activities on offer

We offer a wide range of teams and clubs for all students to participate in, including the following sports:

Football	Rugby (full-contact and touch)	Netball	Futsal
Tennis	Squash	Fencing	Badminton
Athletics (indoor and outdoor)	Handball	Basketball	Rounders
Table Tennis	Sports Leadership	Dance	Softball
Fitness	Swimming	Indoor Rowing	Cross Country

### PE and School Sport

#### **Sports Team Successes**

We want to congratulate all the students who represented the college in 2019-20 Varsity League. The Varsity league sees the three Rutland secondary schools compete with the three Melton secondary schools in a range of different competitions across all year groups, throughout the academic year. Each team gains points for their school based on the league position for each sport, with the overall winners being the school with the most points.

In 2019-20 the following UCC teams were extremely successful:

U16 Table Tennis Team - County Champions and Regional Finalists

U13 Table Tennis Team - County Finalists

U16 Rugby Team County Plate Finalists

Year 11 Netball - League Champions

Year 9 Football - League Champions

Year 7 Football Team - County Semi-Finalists

Boys Cross-Country Team - 3rd place in the County Championships

#### **UCC Equestrian Team**

We are excited to announce the relaunch of our Equestrian Team. Mrs Baldwin will lead and organise students to participate in a range of equestrian competitions throughout the year.

#### Sports Trips

A variety of trips take place to watch professional sports teams as well as participate in competitions ourselves. These include:

#### Leicester Tigers Trip

Every year we run a trip to Welford Road to watch Leicester Tigers play a Premiership fixture. We are looking to run this trip again, details of which will follow in the daily and weekly notices.

#### Netball Tour to Condover Hall

For the past 3 years we have run a netball residential tour to Condover Hall near Shrewsbury. Year 8, Year 9 and Year 10 teams spent the weekend competing against other school and community club teams as well as having the opportunity to try the activities on offer including high ropes courses, laser quest and archery.

### PE and School Sport

#### Junior Ski Trip

This annual trip, approaching its 4th year of existence, is open to Year 8 and 9 students during February half term. For the last two years we have been to the same resort in Austria, Gerlitzen, situated in the Corinthian mountains. In 2020 we are going to Heiligenblut in the Tirol mountain range and our Jugendhotel is located at the foot of the mighty Gross Glockner: Austria's highest peak. The resorts are carefully chosen and this one is geared towards beginner to intermediate skiers but has pistes of all levels of difficulty so the most daring will also feel suitably challenged! Heiligenblut itself boasts 65km of slopes and ski routes and 12 lifts. The slope elevations are anywhere between 1,300 and 3,000 metres.

Students have 30 hours of instructor-led ski lessons spread across 6 days. They also have a 'hot lunch' on the slopes. There is a wide variety of après -ski activities that slightly differ depending on the resort but tend to include; pizza nights, shopping, disco and bowling.

#### Senior Ski Trip

This highly popular and long-running trip takes place in February half-term and is available to Year 10 and 11 students. For the last few years we have been going to the resort of Wagrain in the Austrian Alps, where we ski for 6 full days. Wagrain is part of Austria's 'ski paradise,' the Ski Amade area, with over 270 lifts and 760km of pistes with a fantastic variety of runs to suit all abilities. We take part in a range of après-ski activities such as ice skating, bowling, swimming, indoor sports, snow-party, to name a few. We stay in the Jugendhotel Wurzenrainer, a superb hotel aimed at young people which we have used for many years with fantastic facilities including a sports hall, an interactive zone, bowling alley and indoor trampolines.

#### Don Bosco Sporting Exchange - taking place since 1972!

In the Easter of 2019 students and staff from UCC travelled to Haacht in Belgium for the 46th Don Bosco Sports Exchange. The Exchange is believed to be one of the longest-running in the world and has involved an estimated 10,000 students from the 2 colleges. Over the years the Exchange has developed into a 5 day event.



# English

#### **Rotary Youth Speaks**

An excellent opportunity to have your say about current issues. In small groups you will work with a member of the English Team to prepare a speech for presentation at the local Rotary Youth Speaks Competition. UCC students have been successful winners in the past, going on to the regional level of the competition.

#### **Writing Competitions**

Come along to the sessions run by one of the English Team to discuss and prepare an entry into a National Writing Competition whilst developing your creative writing and expertise. We have had many students win competitions and have their writing published; you could be part of the success story.

#### **Poetry Live**

This is a trip for GCSE students and an opportunity to hear the poets they are studying discuss the poems from the anthology. The conference enables students to develop a deeper understanding of the poet's intention, methods and influences as well as an opportunity to explore new poetry alongside top tips from examiners.



#### Live Theatre

As and when performances of the plays that we are studying are being staged, we will arrange trips to the theatre. We also enjoy performances which are streamed live from the National Theatre.

#### **Shakespeare Day**

This trip currently runs for Year 9 in order to encourage a love of Shakespeare and his writing. We spend the day in Stratford-upon-Avon, visiting Shakespeare's birthplace, New Place, and to experience a practical workshop "Brushing up Your Shakespeare". This is an excellent opportunity to develop your understanding of Shakespeare before starting GCSE's and a thoroughly enjoyable day.

#### School Newspaper

This year we will be launching our very own newspaper. Come along to play your part in keeping the UCC community informed of news and events. Explore your journalistic skills with support from one of the English Team, have your say and raise important issues.



# **Mathematics**

#### **UKMT Maths Challenge**

Every year we offer opportunities for our most talented mathematicians to participate in competitions. We enter students in the Senior, Junior and Team Maths Challenges.

If you love maths and you wish to develop your team work and problem solving skills then this opportunity is definitely for you!

#### Cipher Club

Cipher Club takes place after school on a Wednesday with a dedicated team of students working with Mr English and Mrs Toogood. Each week they work on cracking codes that have been set as part of national competitions. During the autumn term students take part in the 'National Cipher Challenge' run by the University of Southampton. Additionally, students enter 'The Alan Turing Cryptography Competition' organised by the University of Manchester and the Simon Singh 'Black Chamber' weekly challenges.



# Science

#### Year 7 and 8 Science Club

This club runs in the spring term during lunchtime and enables students to carry out fun science practicals.

#### ThinkTank trip

The science department take Year 8 students to ThinkTank in Birmingham. From steam engines and talking robots through to gurgling guts and a chocolate wrapping machine, ThinkTank has over 200 handson displays on science and technology. There are 4 floors of hands-on exhibits and historical collections showing students the science of the world all around us. There is also a Science Garden and Planetarium. Students watch a live interactive show and a film in the 4K planetarium.

#### Year 9 - Projects, Big Bang Science Fair and CREST Awards

Year 9 students complete their own scientific project. The project aims to help students become independent and reflective learners. Students can work independently or in groups to plan and carry out a project. It encourages them to use transferable skills such as problem solving, working as a team and communicating ideas. They are given the opportunity to compete in the regional Big Bang competition and if successful could go on to represent the East Midlands at the National Big Bang Science Fair. They may also be eligible for a Bronze or Silver CREST Award.



# Science

#### Regional Physics Competition annually at UCC

UCC hosts an inter-school physics competition. Teams from all over the East Midlands converge on UCC in July to take part. Teams of 4 students compete against each other carrying out practical investigations. They make and present posters and also have the opportunity to listen to a lecture which this year focused on the physics behind magic tricks and showcased the range of careers available to students studying STEM subjects.

#### Science Live

Year 10 students have the opportunity to attend the science live lectures. They see and hear 5 of Britain's top scientists, all working at the cutting edge of their specialisms. The day is fast-moving, exciting, thought-provoking and will give students the chance to raise issues with the scientists. They are also given top tips on examination success from an experienced science examiner. The primary objective is to generate greater enthusiasm for science amongst GCSE students.

#### Science Week

Science week is celebrated through assemblies, inter-form science competitions, pop up demonstrations and quizzes.

# Humanities

#### Lincoln Castle and Cathedral

Year 7 students study the development of castles in their humanities lessons and the concept of change and continuity is a theme that is constantly explored. This trip gives students the opportunity to witness change over time and to see the development of castles for themselves. Built by William the Conqueror in 1068, Lincoln Castle has stood for hundreds of years as a symbol of power and seat of justice. Students scale the heights of the 360° medieval wall walk atop the castle's ramparts. They immerse themselves in the Magna Carta story; seeing for themselves one of the 4 surviving copies of this hugely significant historical document. They follow in the footsteps of prisoners in the victorian prison. Students will also have the opportunity to visit the impressive Lincoln Cathedral during the day. This trip will allow them to discover 1000 years of history.

#### **Black Country Museum**

This trip is a superb opportunity to develop on the work that has been studied in history lessons on Victorian England and the Industrial Revolution. As well as visiting all areas of the living museum there is a Victorian school lesson and a visit down a reconstructed mine to witness the working conditions of miners in the Black Country. The day provides an excellent insight into England in the Industrial Age.

#### Imperial War Museum, Duxford

Duxford is a branch of the Imperial War Museum. It is Britain's largest aviation museum housing nearly 200 aircraft, military vehicles, artillery and minor naval vessels in seven main exhibition buildings. The site also provides storage space for the museum's other collections of material such as film, photographs, documents, books and artefacts. The site accommodates several British Army regimental museums, including those of the Parachute Regiment (named Airborne Assault) and the Royal Anglian Regiment.

#### Houses of Parliament, London

An opportunity for GCSE Citizenship students to tour the Houses of Parliament. Students take part in valuable workshops on debating and law-making in the Parliament Education Centre. Depending on availability the students may get the chance to speak to a Member of Parliament.

#### National Justice Museum, Nottingham

GCSE Citizenship students visit the museum, housed in what was once a Victorian courtroom, gaol and police station. Therefore, it is a historic site where an individual could be arrested, sentenced and executed. This is an opportunity to tour the courts, have a Q&A session with a tour guide and take part in a mock trial, experiencing the roles in the justice system. The courtrooms date back to the 14th century and the gaol to at least 1449. The building was used as a police station from 1905 to 1985, and the courts closed in 1986.



#### Central Mosque, Leicester

An opportunity for our GCSE RE students to receive a tour of the mosque and have a Q&A session with the Imam of the Mosque. Studying Islam is a major part of the GCSE specification and this visit provides a valuable insight into the Islamic faith which is hugely beneficial for all students.

#### Kenilworth Castle

Students study the development of Kenilworth Castle as part of the GCSE history course – a study of a historic environment. Kenilworth Castle is one of the largest historic attractions in the Midlands best known as the home of Robert Dudley, the great love of Queen Elizabeth I. The first castle however was established there in 1120, a Norman keep. This trip gives students the opportunity to witness change over time and to see the development of castles for themselves. It will also allow students to practice and develop their ability to use evidence specifically from the site of the castle to understand the purpose of the castle site and how this has changed over time.

#### North Norfolk Coast

The students visit both Old and New Hunstanton to collect fieldwork data to support their GCSE geography course. The day involves data collection for both human and physical geographical aspects of the town. We locate, describe and evaluate both coastal management strategies and the impact of tourism on this North Norfolk coastal town. An emphasis on geographical skills is evident throughout the day.

#### Uppingham Town visit

A visit to our local town helps students practice both their geographical skills and test their urban geography knowledge. The visit includes data collection and attempting to delineate the CBD (Central Business District) of a small market town. Land-use surveys, pedestrian counts and traffic flows make up the bulk of the data collected.

#### Berlin, Germany

The history department offer an exciting opportunity to current Year 10 GCSE historians: a short but intense visit of 3 full days and 2 nights to Berlin. We use the services of a highly reputable tour company; and have done so now for over 10 years for this successful trip. They have a vast amount of experience in operating school tours to this vibrant city, rich in history and culture. Among the places that we would visit are Sachsenhausen Concentration Camp, Hitler's bunker, the iconic Brandenburg Gate, the Berlin Olympic Stadium, the Berlin Wall, Karlshorst Museum, and the Stasi Museum or Prison (Headquarters of the former East German secret police).

### **Modern Foreign Languages**

#### Year 7 trip to Boulogne, France

Visits include Nausicaa Aquarium, Boulogne Old Town, overnight stay in Le Touquet with time at the beach, a crêperie and bakery, and Auchan Hypermarket.

#### Year 9 trip to Paris, France

4 nights' stay in Le Marais area of Paris, visits include: Versailles; Parc Astérix; Eiffel Tower; Notre Dame; Arc de Triomphe; Montmartre and Sacré-Coeur; Champs Elysées and Le Grand Réx cinema.

#### Year 10 trip to Grenada, Spain - Spanish Exchange

Each year we organise a foreign exchange with our partner school Alba Longa. When Spanish students are in the UK we visit Stratford together and go bowling. Students from UCC visit Spain and stay with host families to experience Spanish culture. Activities in Spain include: time spent in the Spanish school; visiting the beach; Alhambra; Sierra Nevada; flamenco.

#### Year 10 trip to Germany

GCSE German students get the opportunity to visit either Munich or Hamburg for 4 nights, with a variety of trips and activities designed to enhance both their linguistic and cultural knowledge.

#### **UCC UKLO**

We draw on puzzles from The United Kingdom Linguistics Olympiad for our termly competition where all KS3 students are invited to solve fun and challenging linguistic problems, from making Zulu words to cracking codes!

### **Modern Foreign Languages**

#### Year 9 Language Leaders

Students are language representatives in college, creating and leading activities for Open Evening, as well as taking responsibility for MFL display boards and occasional Twitter take-overs. They also run a variety of lunch-time clubs for Year 7 and 8 including homework help, spelling bee support and film clubs. They get the opportunity in the summer term to teach Year 7 classes in groups for 20 minutes and/or run a primary school event day.

#### Year 9/11 Youthbridge German Award

Youthbridge Award Scheme gives cash prizes and certificates for the best projects submitted by students in each participating school. Each project should be in German and on a topic concerning Germany, and can take whatever form you wish.

#### Year 7 Spelling Bee

Students participate and prepare for this in Year 7 French lessons. There are initially 25 words to learn how to spell out loud and they complete to see who can spell the most in 1 minute. Form winners then compete across the year group to find our school champions who represent us at regional level. If successful here, students go on to compete nationally.

#### **European Day of Languages**

This is celebrated on the 26th of September every year throughout Europe. A language is chosen to be celebrated with food, activities, daily quiz questions and a form challenge throughout the week. In 2019, we held our first annual "Great Worldwide Bake Off" with students and staff baking or decorating cakes with a language/country theme to raise money for MacMillan Cancer Support.



# Design Technology & Art

Design & Technology offers opportunities for all students to develop their creative skills further by allowing all students supervised access to the specialised material workshops to complete work or to practice lesson learnt skills every week. Lunchtime sessions are a continual opportunity for students to review processes, experience new technology and even make and eat a nutritional lunch!

#### **D&T KS4 Design Trips**

Each year students studying Design & Technology at GCSE have the opportunity to visit London and the Design Museum or the V&A (exhibition dependent). Students will acquire new and transferable skills, knowledge, curiosity and inspiration from a gallery-based session and a DesignLab project session. The whole department curates an annual exhibition showcasing the work of KS4 students across the art, design and technology spectrum, highlighting the best art work and products. These are also on show throughout the year and inspiring for new aspirational artists and designers in all year groups. The most talented designers are always entered into the annual Rotary Award Young Designer of the Year competition. The school celebrated winning the "Most innovative design of the year" award in 2018.



### **Design Technology & Art**

#### Art Key Stage 3

All KS3 students are welcome to Art Club, which runs every Monday lunchtime. Students are able to refine their skills or experiment with materials outside the regular KS3 schemes of work. Previous topics have included Harry Potter and animals, with a lot of the workshops requested and support-led by the students themselves.

#### Art Key Stage 4

The Art room is open to GCSE students twice a week during lunchtime (days to be confirmed to line up with their timetables). During these sessions students can use the art equipment and computers, and gain extra support from Mrs Birch regarding their coursework.

#### **Art Competitions**

A range of competitions are run throughout the year to encourage independent study and to celebrate the amazing skills of our students.



### **Computer Science**

#### **Bletchley Park trip**

In year 10 we take our Computer Science students to the home of Code breaking, Bletchley Park. Our students are invited to discover 70 years of computer development through some of their most important exhibits: The Bombe, Tunny, Colossus, and WITCH. We explore the 'first semi programmable electronic computer', the World's Oldest working computer and 1st, 2nd & 3rd Generation computer machines to present innovation. The tour looks at the development of electronic computers after the war. The machines demonstrate key concepts in computing such as the Von Neumann architecture and the Fetch – Decode – Execute cycle as well as looking at real world examples of computing and how it has changed the world in which we live.

Students also have a 'hands on' workshop looking at topics such as:

Using vintage BBC micro machines students use BBC Basic to program a game of snake.

A brief introduction into Alan Turing's work on artificial intelligence and how it is used for modern chatbots.



# Music

#### The Uppingham Stars' Choir

This vocal group takes place weekly. Our choir perform in several events including performances at Open Evening, commemorative celebrations, Christmas Concerts, Performing Arts' Summer Showcase and Awards Evening. We also work collaboratively with our neighbouring secondary schools and our feeder primary schools.

#### UCC Wind Band - open to Grade 2+ instrumentalists

This group runs seasonally at lunchtimes and when required, after school and has student players involved in rehearsals for Christmas and Show performances. All clarinet, flute, bassoon, saxophone, oboe and brass players are welcome. Students from Grade 2 upwards are invited to join this group (including recorder players). This activity is free of charge as it is funded through the music department. We will be working towards various performances including the Year 11 Awards Evening, Christmas Shows and concerts, plus Open Evening and other events listed on the music department's calendar.

#### Sing - a - Solo

This group takes place weekly at lunchtime and caters for all UCC singers interested in trying out solo vocal opportunities.

#### Strings Ensemble

This group will run seasonally depending on demand. We invite all upper and lower strings players together to create a brand new 'Strings Ensemble'.

#### **Rock School**

Come along and form a 'Rock Band' with other budding young musicians. This group is open to students of all abilities on drums, guitar, vocals or keyboards. This group is run every Friday after school from 3.15pm to 4.15pm.



#### **Productions**

We have a thriving culture of performance in the Drama Department at UCC. Every year we perform a production in the form of a musical or a play. In recent years we have performed:

2020 - 'Charlie and the Chocolate Factory'

2019 - 'Hairspray' the musical

2018 - 'The Tempest' in the Shakespeare for Schools Festival

2017 - 'Blood Brothers'

2016 - 'The Lion, the Witch and the Wardrobe'

2015 - 'Bugsy Malone'

#### **Production Awards**

We have developed a scheme for rewarding commitment in any capacity (performer / backstage) to extracurricular opportunities in the performing arts. Each time a student sees a performance project through from beginning to end, they earn the next award. To date, we have awarded well over 100 Bronze, 50 Silver and 20 Gold. We even have four stand-out students who have moved beyond our original scheme to Platinum for their outstanding commitment to the performing arts.

#### **Trips**

Every year we run at least 2 trips to see live theatre, usually aimed at GCSE drama students or as a reward for those who commit to extra-curricular drama. Most recently we have seen 'DNA' by Dennis Kelly performed at Uppingham School's Theatre and 'Private Peaceful' and 'The Swiss Family Robinson' at Corby Cube, with whom we are a partner school, receiving discounted rates and additional opportunities not available to the general public. For instance, in December 2018, after attending 'The Swiss Family Robinson', our group took part in tutorials on lighting and sound, had a backstage tour of the theatre and enjoyed a practical workshop in school around creating comedy theatre. In the 2 years previous to 2020, we had begun a tradition of taking an annual cultural tour to London, taking in a couple of West End shows ('Matilda' and 'Mama Mia'), museums (The Natural History and V&A) and local attractions like Covent Garden. We were also lucky enough last year to take part in a workshop on the show and meet one of the actors.

# **Business Studies**

#### Cadbury World business trip

On one of the ACE days Year 10 Business students have a fantastic opportunity to visit Cadbury World in Bourneville to learn about the marketing of Cadbury products. The visit includes hearing about the history of the Cadbury company with their focus on the wellbeing of workers and their families, as well as sampling lots of chocolate!

#### **Student Investor Competition**

There is an opportunity for all students to take part in the Student Investor competition, where groups of students aged 14 and over compete with other teams nationally to invest £100,000 of virtual cash in stocks and shares, tracking the actual stock exchange. The challenge is to see who can make the most return on the investment. So far we have had finalists in the top 250 out of over 5000 teams nationally. Could you finish higher?

#### **Enterprise Day**

Enterprise Day in Year 9 allows all students to have a go at forming a company and coming up with a business idea which they then pitch to visiting local business people in a trade fair. The business people have to decide where to make their investments and the company with the most investment is the overall winner. The day is always very busy, as the students make prototypes of their product, produce marketing materials and a business plan and design their stands for the trade fair all in a couple of hours. Students have found varied business solutions to issues such as helping lonely people, encouraging young children to read more and also clearing festival sites of items left behind. Support from local businesses to donate prizes and to attend the trade fair is always most welcome.

Please get in touch with reception for contact details.



### **Duke of Edinburgh's Award**

The Duke of Edinburgh's Award is offered to students at UCC from Year 9 onwards. Students can complete Bronze and Silver awards whilst at UCC. By participating in the DofE Award students can develop their confidence, resilience and independence, whilst enhancing their organisational, leadership and communication skills. The award includes volunteering, physical activities, life skills and expeditions; achieving a DofE Award is a passport to a brighter future, valued by employers and universities.

### **National Citizenship Service**

NCS is a life-changing programme open to teenagers aged 15-17 to discover who they are and what they can do. At UCC we offer NCS to all Year 11 students to develop their personal qualities and skills, whilst gaining invaluable experiences in a range of environments.

### Young Farmers' Club

The Young Farmers Club was started in September 2019 and is open to all students. We have had regular fortnightly meetings during lunch hour where we have been very lucky to have had some very interesting presentations by the National Farmers Union and also the Leicestershire Young Farmers Club. Some of our members at school have joined local Young Farmers Clubs where they are enjoying the activities and socialising with other young farmers. We are hoping to be able to run some further activities and visits in the next 12 months.



# RESPECT HONESTY KINDNESS