

WEEK 3: MENU FOR MAIN SERVERY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DISH OF THE DAY	Salmon teriyaki in a tomato wrap Potato wedges	Thai burger Sweet potato fries Pineapple salsa	Chicken, spinach and ricotta tray bake Roast potatoes	Beef and vegetable stew Dumplings Savoy cabbage	Chicken burger in a roll Salad Coleslaw
VEGETARIAN DISH OF THE DAY	Chinese vegetable chow mein	Vegetable samosa pie Mixed leaf salad	Tomato and courgette risotto Homemade bread	Vegetable pasty Homemade baked beans	Quesadilla pancakes Dressed salad
HOT DESSERT	Fruit chocolate bake	Treacle tart and whipped cream	Pineapple upside down cake Custard	Cornflake tart and custard	
COLD DESSERT					Strawberry mousse