

WEEK 1: MENU FOR MAIN SERVERY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DISH OF THE DAY	Chicken stroganoff Basmati & wild rice	Sweet & sour shredded pork noodles	Beef rendang curry Naan bread Rice Mint yoghurt	Roast chicken & stuffing Mashed potatoes Cabbage & carrots	Fish chips & peas
VEGETARIAN DISH OF THE DAY	Mediterranean vegetable medley Cous cous	Homemade pizza Potato salad	Stuffed pepper Tomato & onion salad	Lebanese cottage pie Green beans	Garlic mushrooms on sour dough bread Dressed green salad
HOT DESSERT	Apple & raspberry crunch with custard		Chocolate fudge cake & sauce	Rice pudding	
COLD DESSERT		Fruit loaf & fresh fruit			Chocolate mousse