



After School Clubs 2019/20 Spring (1) 2020

Please find the extra-curricular activities for the Spring term below. Clubs will only run if a minimum number of students sign up.

- Please book places via Wisepay for UCC clubs or as indicated for External clubs
- Places are allocated on a first come first served basis
- A consent form will be required for all students taking part in UCC Clubs

DAY	ACTIVITY	DETAILS
Monday	Table Tennis Club <ul style="list-style-type: none"> • UCC Sports Hall • Cost: £4 per week • 16 places • Mr Arthur <p>Each week students will be coached on a particular part of the game, as well as playing fun drills, games and matches.</p>	5 weeks - £20 13 January – 10 February 2020 3.10pm – 4.10pm BOOK VIA WISEPAY
	Girls Football Club <ul style="list-style-type: none"> • UCC Astroturf • FREE • 24 places • Yr7/8 Girls • Mr Rowan <p>Training ahead of the girl's fixtures coming up after Christmas. This will help with team selection and play 11 V 11 competitive game play. Full UCC PE kit - correct footwear and shin-pads must be worn.</p>	4 weeks - FREE 14 January – 4 February 2020 3.10pm – 4.30pm BOOK VIA WISEPAY
Tuesday	Boys Touch Rugby Club <ul style="list-style-type: none"> • UCC Astroturf • FREE • 30 places • Yr7/8 Boys • Mr Bourne <p>An opportunity to improve attacking play and set moves Full UCC PE kit - correct footwear and gumshields must be worn.</p>	4 weeks - FREE 14 January – 4 February 2020 3.10pm – 4.30pm BOOK VIA WISEPAY
Wednesday	Cipher Club <ul style="list-style-type: none"> • MA5 • FREE • 20 places • Mr English <p>Look at different methods of cryptography from historical examples to the modern day. Break a new code or puzzle as a team.</p>	4 weeks - FREE 15 January – 5 February 2020 3.10pm – 4.10pm BOOK VIA WISEPAY

Wednesday	<p>Squash Club – External club</p> <ul style="list-style-type: none"> • Uppingham School Sports Centre • Cost £5 per week • 12 places • Mr Green <p>Students will be coached on a particular part of the game each week, as well as playing fun drills, games and matches.</p> <p>THIS IS AN OFF SITE ACTIVITY AND TRANSPORT FROM UCC TO THE SPORTS CENTRE NEEDS TO BE ARRANGED BY PARENTS</p>	<p>6 weeks - £30 8 January – 12 February 2020</p> <p>4pm – 5pm</p> <p>BOOK DIRECT: Uppingham Sports Centre 01572 820830</p>
	<p>Indoor Athletics</p> <ul style="list-style-type: none"> • UCC Sports Hall • FREE • 30 places • Yr7/8 • Miss Hodgson <p>An opportunity to improve a range of Athletics skills: sprinting, throwing and jumping in preparation for the Indoor Athletics events in February and March</p>	<p>4 weeks - FREE 23 January – 13 February 2020</p> <p>3.10pm – 4.30pm</p> <p>BOOK VIA WISEPAY</p>
Thursday	<p>Kick boxing club</p> <ul style="list-style-type: none"> • UCC Fitness Room • FREE • 16 places • Mrs Craven <p>An opportunity to learn or practice kickboxing. Open to all abilities.</p>	<p>4 weeks - FREE 16 January – 6 February 2020</p> <p>3.20pm – 4.20pm</p> <p>BOOK VIA WISEPAY</p>
	<p>UCC Contemporary Dance Company – External club</p> <ul style="list-style-type: none"> • UCC Drama Studio • Cost £5 per session • 20 places • Miss Twose (RYDA) <p>Learn contemporary and improve your basic ballet technique. This class will allow you to improve your technical ability and discover your creativity. You will be challenged physically and be given tasks to enable you to create your own movement.</p>	<p>6 weeks - £30 9 January – 13 February 2020</p> <p>3.10pm – 4.10pm</p>
	<p>UCC Dance Crew – External club</p> <ul style="list-style-type: none"> • UCC Drama Studio/Sports Hall. • Cost £5 per session • Street, Commercial and Hip hop dance class • 20 places • Miss Twose (RYDA) <p>Learn different styles of urban dance with this high energy well established dance crew. Street, Commercial and Hip hop dance class. We are open to dancers from year 7 upwards who think they have what it takes! This crew will perform in events across the academic year.</p>	<p>6 weeks - £30 9 January – 13 February 2020</p> <p>4.10pm – 5.10pm</p> <p>BOOK DIRECT: Rutland Youth Dance Academy www.rutlanddance.co.uk/registration</p> <p>Information available from Student Services</p>

Friday	<p>Fencing Club</p> <ul style="list-style-type: none"> • Drama Studio • Cost: £4 per week • 12 places • Mr Sharpe <p>You will be taught the fundamentals of Epee Fencing including all of the skills required to attain a Grade 1 Epee and possibly even a Grade 2 or 3 depending on individual / group progress. Experienced fencers will have the opportunity to attain up to the maximum Grade 8 qualification and become competitive fencers if they wish.</p>	<p>5 weeks - £20 17 January – 14 February 2020</p> <p>3.10pm – 4.40pm</p> <p>BOOK VIA WISEPAY</p>
	<p>Rock School</p> <ul style="list-style-type: none"> • Music Practice Rooms • Cost: £3 per week • 20 places • Mr Wilson <p>Form your own rock band and use the College facilities to practice</p>	<p>5 weeks - £15 17 January – 14 February 2020</p> <p>3.10pm – 4.10pm</p> <p>BOOK VIA WISEPAY</p>