

## After School Clubs 2019/20 Autumn (2) 2019

Please find the extra-curricular activities for the Summer term below. Clubs will only run if a minimum number of students sign up.

- Please book places via Wisepay for UCC clubs or as indicated for External clubs
- Places are allocated on a first come first served basis
- A consent form will be required for all students taking part in UCC Clubs

DAY	ACTIVITY	DETAILS
Monday	Table Tennis Club  UCC Sports Hall Cost: £4 per week	6 weeks - £24 11 <sup>th</sup> November – 16 <sup>th</sup> December 2019
	<ul><li>16 places</li><li>Mr Arthur</li></ul>	3.10pm – 4.10pm
	Each week students will be coached on a particular part of the game, as well as playing fun drills, games and matches.	BOOK VIA WISEPAY
	Badminton Club	4 weeks - FREE
	<ul><li>Sports Hall</li><li>Cost: FREE</li></ul>	11 <sup>th</sup> November – 2 <sup>nd</sup> December 2019
	<ul> <li>12 places</li> <li>GCSE PE &amp; Cambridge National Sports students only</li> <li>Mr Bourne</li> </ul>	3.10pm – 4.30pm
	An opportunity for students who want to improve their assessment grades in Badminton. Each week will work on a specific shot and then develop shot execution during matches.	BOOK VIA WISEPAY
Tuesday	Kick boxing club	4 weeks - FREE
	UCC Fitness Room	12 <sup>th</sup> & 19th November and
	<ul><li>FREE</li><li>16 places</li></ul>	3rd & 10 <sup>th</sup> December 2019
	Mrs Craven	3.20pm – 4.20pm
	An opportunity to learn or practice kickboxing.  Open to all abilities.	BOOK VIA WISEPAY

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	Cipher Club	6 weeks - FREE
	• MA5	13 <sup>th</sup> November – 18 <sup>th</sup> December 2019
	• FREE	
	• 20 places	3.10pm – 4.10pm
_	Mr English	
	Look at different methods of cryptography from historical	
	examples to the modern day. Break a new code or puzzle as a	BOOK VIA WISEPAY
	team.	
	Squash Club – External club	6 weeks - £30
	Uppingham School Sports Centre	6th November – 11 <sup>th</sup> December
	Cost £5 per week	otti November 11 December
	• 12 places	4pm – 5pm
	• Mr Green	
	Students will be coached on a particular part of the game each	
	week, as well as playing fun drills, games and matches.	BOOK DIRECT:
		Uppingham Sports Centre
Wednesday	THIS IS AN OFF SITE ACTIVITY AND TRANSPORT FROM UCC TO THE SPORTS CENTRE NEEDS TO BE ARRANGED BY PARENTS	01572 820830
SC	Girls Football Club	4 weeks - FREE
ne	UCC Astroturf	13 <sup>th</sup> November – 4 <sup>th</sup> December 2019
be	• FREE	13 November 4 December 2013
Š	• 26 places	3.10pm – 4.30pm
	<ul> <li>Yr7/8 girls</li> </ul>	3.10pm - 4.30pm
	Mr Rowan	
	Training ahead of the girl's fixtures coming up after Christmas. This	
	will help with team selection and play 11 V 11 competitive game	
	play.	
	Full UCC PE kit - correct footwear and shin-pads must be	BOOK VIA WISEPAY
	worn.	
	Basketball Club	4 weeks - FREE
	UCC Sports Hall	6 <sup>th</sup> & 13 <sup>th</sup> November and
	• FREE	4 <sup>th</sup> & 11 <sup>th</sup> December 2019
	• 24 places	
	• Yr7/8	3.10pm – 4.30pm
	Miss Hodgson	
	This is a recreational club for those who would like to expand on	
	their basketball knowledge and playing experience.	DOOK VIIA VIIIGEDAY
		BOOK VIA WISEPAY

Thursday	UCC Contemporary Dance Company – External club	7 weeks - £35
	<ul><li>UCC Drama Studio</li><li>Cost £5 per session</li></ul>	7 <sup>th</sup> November – 19 <sup>th</sup> December 2019
	• 20 places	3.10pm – 4.10pm
	Miss Twose (RYDA)	ор
	Learn contemporary and improve your basic ballet technique. This class will allow you to improve your technical ability and discover your creativity. You will be challenged physically and be given tasks to enable you to create your own movement.	
	UCC Dance Crew — External club	7 weeks - £35
	ucc Drama Studio/Sports Hall.	7 <sup>th</sup> November – 19 <sup>th</sup> December 2019
	<ul><li>Cost £5 per session</li><li>Street, Commercial and Hip hop dance class</li></ul>	
	• 20 places	4.10pm – 5.10pm
	Miss Twose (RYDA)	
	Learn different styles of urban dance with this high energy well established dance crew. Street, Commercial and Hip hop dance class. We are open to dancers from year 7 upwards who think they have what it takes! This crew will perform in events across the academic year.	BOOK DIRECT: Rutland Youth Dance Academy www.rutlanddance.co.uk/registration Information available from Student Services
	Fencing Club	6 weeks - £24
	Drama Studio     Cost SA por week	8 <sup>th</sup> November – 13 <sup>th</sup> December 2019
	<ul><li>Cost: £4 per week</li><li>12 places</li></ul>	
	Mr Sharpe	3.10pm – 4.40pm
	You will be taught the fundamentals of Epee Fencing including all of the skills required to attain a Grade 1 Epee and possibly even a Grade 2 or 3 depending on individual / group progress.  Experienced fencers will have the opportunity to attain up to the maximum Grade 8 qualification and become competitive fencers if they wish.	BOOK VIA WISEPAY
	Rock School	6 weeks - £18
ау	Music Practice Rooms	8 <sup>th</sup> November – 13 <sup>th</sup> December 2019
Friday	<ul><li>Cost: £3 per week</li><li>20 places</li></ul>	3.10pm – 4.10pm
4	Mr Wilson	3.10p.ii. 41.10p.iii
	Form your own rock band and use the College facilities to practice	BOOK VIA WISEPAY
	Ski Club (Intermediate & Beginners Group)	4 weeks - £75
	Tallington Lakes Ski Centre.	15 <sup>th</sup> & 22 <sup>nd</sup> November and
	<ul> <li>Cost: £75 for 4 weeks (75mins per week – 5 hours total)</li> <li>14 students minimum required to run</li> </ul>	6 <sup>th</sup> & 13 <sup>th</sup> December 2019
	Mr Lewin	3.10pm – 6.30pm
	Students will be transported to and from Tallington Lakes by UCC Minibus	
	These sessions are ideal for any students who are on the Ski Trips in 2020	BOOK VIA WISEPAY