Physical Education Year 8	**Curriculum Intent:** In Year 8 the ***aim*** of our curriculum is to focus on developing an awareness and confidence in students through skill development and also through the use of the conceptual themes selected by the PE Department. We consider the conceptual themes to be important for students, not only in sport but in all aspects of their lives including work, school and in their personal life. The concepts run alongside normal lessons and provide opportunities for students to demonstrate practical and personal skills along them to make progress in all aspects of sport. We offer a major and minor curriculum designed to provide exposure and experience across a wider range of sports, whilst facilitating mastery in key sporting subjects. Major blocks are designed to provide a greater level of detail within that sport, allow for a deeper knowledge and understanding and introducing the tactics and strategies associated with these sports. In minor blocks, students are introduced to these sports giving them exposure and experience for future opportunities. In order to develop these key skills, students are taught a range of skills and tactics in different sporting activities which are used as a vehicle to demonstrate and develop an understanding of the skill related concepts. Through this, students are able to gain confidence as they grow throughout the academic year, as they build a repertoire of conceptual skills and competence in each individual sport that will be imperative to leading a happy and healthy life.			
	Year 8 Focus: Personal Development			
Learning Episodes	**Tactics and strategies**	**Technique and performance**	**Motor Competence**	**OAA**
Activities/Vehicle	**Team Challenges - House sport** **Team Sports - Netball, football, hockey, handball, rugby, etc.**	**Athletics** **Trampolining** **Gymnastics** **Fitness**	**Dance** **Trampolining** **Striking and fielding**	**House Sport** **Team building activities** **OAA – Orienteering**
Knowledge ***'Head'***	This element of our curriculum is designed to focus on the cognitive domain and declarative knowledge. Our aim is to develop young people's knowledge of what safe and successful movement looks like, the rules, conventions, regulations, strategies and tactics for participation in different activities and what health and fitness mean in context. Students cover a range of sports and activities across the national curriculum to develop movement competency which in turn will encourage lifelong participation in sport and physical activity. The inclusion of a supportive extracurricular programme alongside this provides opportunities for students to further this beyond the classroom.			
Understanding ***'Hands***	This element of our curriculum focusses on the physical domain and procedural knowledge. Our aim is that young people will develop fundamental movement and activity specific skills, such as understanding how to perform safe and effective movements, how to perform the rules, conventions, strategies and tactics in a sport and know how to participate in an activity. From this it is our hope that students have the confidence to join and/or attend our extracurricular provision where they can utilise these skills beyond the classroom.			
Conceptual Skills ***'Heart'***	**Communication**	**Resilience**	**Embracing failure**	**Leadership**
	Perseverance	**Responsibility**	**Asking questions**	**Conflict resolution**
	Our lessons are not purely focused on the performance of skills within an activity, but knowing why they are performed, when they are performed and what holistic concepts can be applied and developed through the activity and beyond the PE classroom. We encourage students to make connections and understand the relationships between their PE lesson and the skill related concepts for each lesson. The additional and meaningful learning that can be delivered through PE is an important focus for students to grow and develop an understanding around skills and concepts that can be used across all elements of their life.			
Assessment	Students are assessed across all key areas Head, heart and hand throughout each block and progress is monitored over the course of the year. Under each key area an assessment criterion has been established which is simple and progressive from Year 7 to Year 9. Each has a formulated meeting criteria that we expect students to be able to meet by the end of the year. This purposefully utilises student friendly terminology to enable us to use this with students when providing feedback, which will allow students to understand their points of strength and areas for improvement. In each key area we assess the following: **Head**: Knowledge – Understanding – Feedback – Responsibility – Analysis – Problem Solving **Heart**: Teamwork – Communication – Respect – Leadership – Resilience – Confidence. **Hands**: Fitness Levels – Physical Ability – Technique – Tactics – Competitiveness.			