



Unplanned pregnancy – What are a young person's choices?



Cameron and Alicia have just done a pregnancy test. They are both 16. Both are due to start college in September. They are in an on-off relationship but do care about each other. They are almost always careful with contraceptives and Alicia's pregnancy has come as a complete shock to them both.

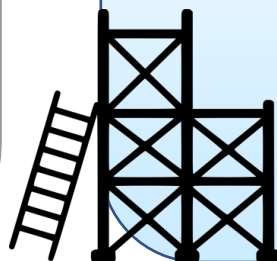
Discuss: what do you think their options are?

Scaffolded Starter:



No contraception is ever 100% effective. With that in mind, explain in one paragraph different ways we can reduce the risk of unplanned pregnancies.

Various can help reduce pregnancy risk. One of these is works by which means that.....





New key terms:

Learning outcomes:

Describe options available to young people who find themselves in the situation of having an unplanned pregnancy, where help can be found and what help is available.

Explain why it is harder to be financially stable when you are a young parent.

Teenage Pregnancy – When a girl aged 13-19 gets pregnant. However, when people talk about ‘teen mothers’ they are usually talking about ages 12-17. Pregnancy can happen as early as 9, however.

CSA – Child Support Agency – this service helps young parents gain funds they are entitled to, for example if one parent is absent.

Contraception – the different items couples can use to avoid unwanted pregnancy – the pill, condoms – we will look at these in detail in other lessons.



Task One:

Watch the following clip and choose five questions to complete on your answer sheet. Your teacher will then go through the answers.

https://www.youtube.com/watch?v=DjunRMJF_Es

(teacher note - 2 mild swear/slang terms are used)

Why does Amber still feel awkward going to hospital appointments?

What financial support could Amber apply for?

Why does Amber think she's had a lucky escape?

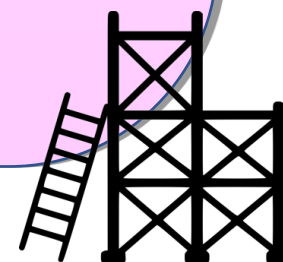
Why does Amber say she shouldn't have put herself in this position in the first place?

Why will going back to college be difficult for Amber?

Why do you think teenage pregnancies often run through generations of families?

Do you think it sounds like Amber's dad was much of a role model when it came to Amber choosing boyfriends? Analyse.

How hard do you think it will be for Amber to work her way out of poverty now? Explain.



Use the scaffolding in PSHE sheet if you wish (next slide).

Starting sentences about importance:

It's essential that we...
It's always important to realise...
Essentially, we must all take note of...
Critically....

Starting sentences for two-sided arguments:

We must consider both sides when...
On the one hand...
One point of view might be..
There are two opposing viewpoints on this subject..

Starting sentences about opinion:

My personal opinion on this matter is...
It may be controversial, but I believe...
My opinion is based on two factors....

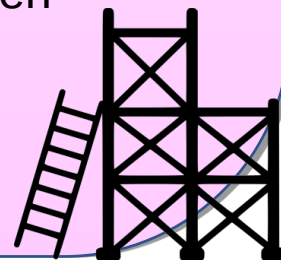
Useful conjunctives:

Additionally
Furthermore
Subsequently
Similarly
In contrast
Nonetheless
However

Complete second part of argument, or second paragraph of PSHE extended writing piece.

Concluding extended writing:

In conclusion...
When all has been considered..
Therefore as expressed...
In consideration of all the above..
Finally, when all has been considered...
Overall I would state...





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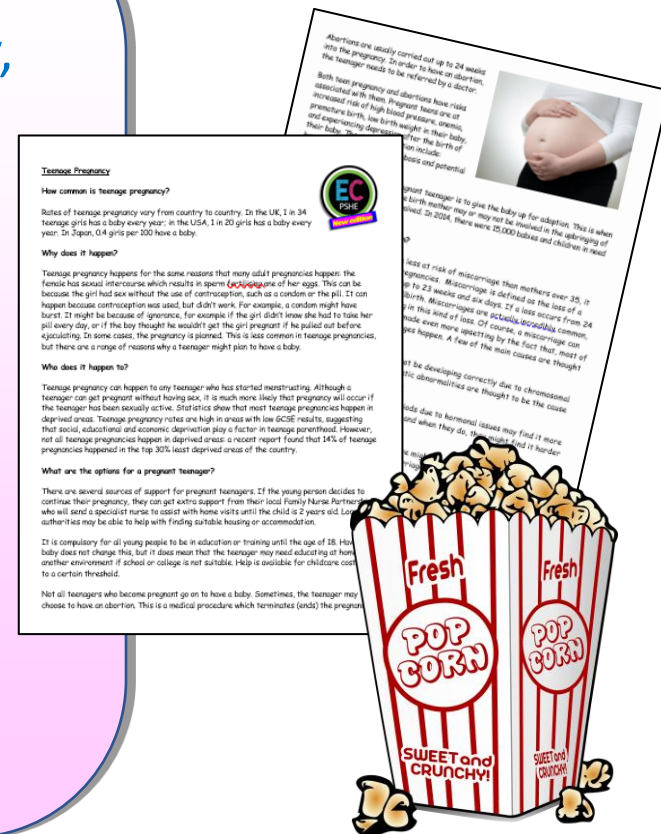
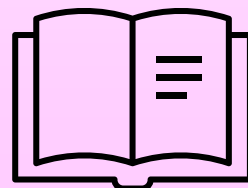
Task Two:

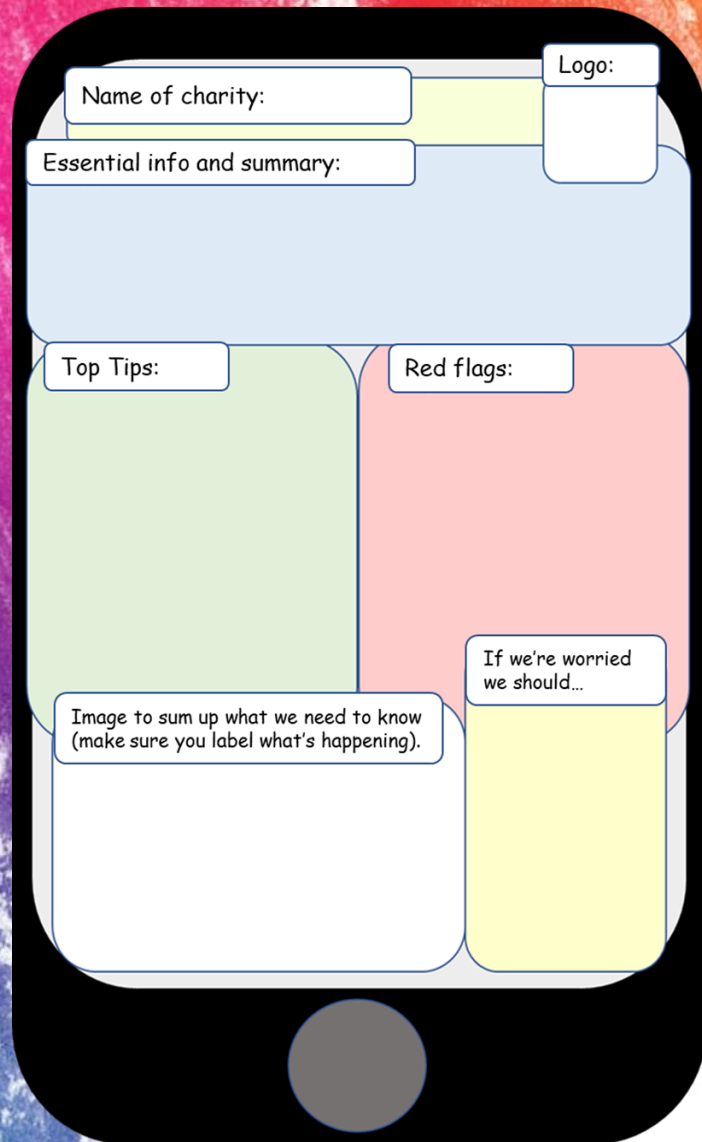
We will now find out more about what teenage pregnancy, the statistics behind it and what a person's options are.

POPCORN READING!

We will take it in turns to read. When you have finished reading a paragraph, say the name of the next person in the class you would like to read. Listen carefully, in case your name is next.

Then complete task three at
your **challenge level**.





Task Three:

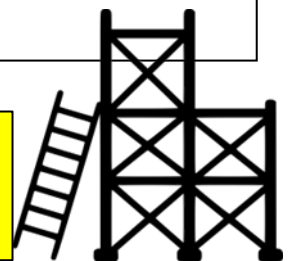
Main Task – App creation

Create an app screen for a teenage pregnancy help charity. It must include information on the choices teens have in the case of unplanned pregnancies and where they can find help.

Your app must include detailed information on all subheadings, with key terminology used in the correct context.

(optional) You can use the laptops for extra information if they are available.

Ask your teacher for a template if you wish.





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Signposting support:

Unplanned pregnancy useful helplines and charities:

[Childline](#). Support for people under 19 in the UK. Call: 0800 11 11

[Young Minds](#). Child and adolescent mental health charity. Call: 0808 802 5544 (parents' helpline)

[Pregnant? | Pregnancy Crisis Helpline](#) Website specifically for those with crisis pregnancies

[Brook](#) – visit your nearest Brook service for free confidential advice if you're under 25, or use the [Ask Brook](#) online service

[Family Lives](#) – visit the website or call 0808 800 2222 for support for families, including young parents

[Tommy's](#) – visit this website led by midwives for the latest information for parents-to-be





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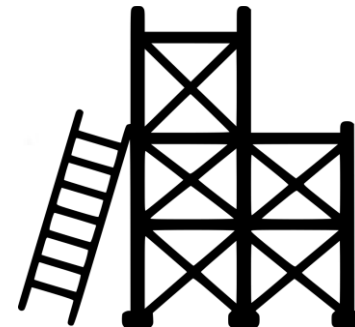


Scaffolded Plenary:

'Teenagers who become parents at a young age completely ruin their lives.'

Do you agree or disagree? Maybe you can see both sides of this argument.

You have ten minutes now to prepare your mini essay about this statement. You may agree, disagree or be able to see both sides. Use all your completed tasks from today and your literacy in PSHE scaffolding sheet to help you prepare.





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