

Year 11	Relationships, Intimacy and Digital Influence <i>Focus: Understanding how communication, expectations and digital influences can affect romantic relationships, and developing healthy boundaries and informed choices.</i>	Fertility, Parenting and Parenthood <i>Focus: Understanding fertility, pregnancy and parenthood, including the responsibilities, choices and considerations involved in becoming a parent.</i>	Digital Safety, Exploitation and Online Harm <i>Focus: Understanding the risks of online exploitation and harmful digital behaviour, including cybercrime, sextortion, AI-generated content and image-based abuse, and knowing how to protect themselves and others.</i>	Substances, Addiction and Relationships <i>Focus: Understanding the risks of substance use and addiction, including their impact on relationships and mental health, and knowing how to reduce harm and access support.</i>	Independence, Health and Personal Safety <i>Focus: Preparing for greater independence by making informed choices about health, personal safety and risk in adult life.</i>	Emotional Wellbeing, Identity and Transition <i>Focus: Developing resilience and emotional wellbeing while managing identity, pressure, change and challenges during the transition to adult life.</i>
Lesson 1	What Happens When Romantic Partners Want Different Things (LL)	Brain Development and Parenting (EC)	Cybercrime and Dark Web Dangers (EC)	What Can Go Wrong When Using Substances (Pol-Ed)	Fertility and Reproductive Health (EC)	Neurodiversity (EC)
Lesson 2	Sexualisation of the Media (EC)	Parenting, Costs and Considerations (EC)	Sextortion and Spotting AI (EC)	Substance Abuse and Relationships, So What (Pol-Ed)	How Can People Make Healthy Choices About Cosmetic Procedures (LL)	Balancing Everyday Pressures and Opportunities (LL)
Lesson 3	Online Dating (EC)	Fertility, Infertility and Miscarriage (LL)	Pornographic Deepfakes and Non Consensual Image Sharing (EC)	How Does Addiction Affect Mental Health 1 (LL)	Personal Safety On The Streets (EC)	How Can We Build Resilience and Overcome Challenges (LL)
Lesson 4	Chatbots, Advice and Misplaced Affections (EC)	The Choice to Continue or End Pregnancy (LL)	Honour Violence and Killings (EC)	How Does Addiction Affect Mental Health 2 (LL)	Personal Safety and Independence (EC)	Suicide Prevention (EC)
Content:	Understanding how partners may have different expectations and needs. Developing healthy communication and respect in romantic relationships. Understanding how media can influence attitudes and expectations around sex and relationships. Recognising the opportunities and risks of online dating. Understanding the potential risks of developing attachments to chatbots and AI. Developing healthy boundaries and making informed choices in digital relationships.	Understanding how brain development relates to parenting. Exploring the responsibilities and costs of parenthood. Understanding fertility, infertility and miscarriage. Exploring the factors that influence decisions about pregnancy. Understanding the choice to continue or end a pregnancy. Considering the responsibilities and long-term implications of parenthood.	Understanding cybercrime and the risks of the dark web. Recognising sextortion and how to respond safely. Understanding AI-generated content and how to spot manipulation. Understanding the harms of pornographic deepfakes and non-consensual image sharing. Understanding honour-based violence and killings. Developing strategies to stay safe and protect others online.	Understanding the risks and consequences of substance use. Exploring how substance use can affect relationships. Understanding addiction and dependency. Exploring the impact of addiction on mental health. Developing strategies to reduce harm and manage risk. Knowing how to access support for substance use and addiction.	Understanding fertility and reproductive health. Making informed choices about cosmetic procedures. Recognising risks and staying safe in public spaces. Developing personal safety strategies. Understanding responsibility as independence increases. Making informed and healthy choices in adult life.	Understanding neurodiversity and individual differences. Managing everyday pressures and opportunities. Developing resilience when facing challenges and change. Understanding how to protect and support emotional wellbeing. Recognising signs of emotional crisis and knowing how to seek help. Understanding suicide prevention and how to support others.
Key Outcome:	Students understand how to build and maintain healthy adult relationships, recognise abuse, and know how to access support.	Students understand sexual health, fertility and parenthood choices and can make informed, responsible decisions.	Students understand how to protect themselves and others online, recognise exploitation and use reporting routes confidently.	Students understand addiction and harm reduction and know how to access support for themselves or others.	Students understand how to manage risk and stay safe in increasingly independent and adult situations.	Students understand how to manage emotional wellbeing, identity and pressure during major transitions and know where to get help.
Student Friendly Focus:	Understanding what healthy adult relationships look like, how consent works, and how to get help if something feels unsafe.	Learning about sexual health, fertility and life choices, and how to make responsible decisions for the future.	Understanding how to stay safe and responsible online and recognise exploitation or harmful behaviour.	Understanding addiction and learning how to reduce harm and seek support.	Learning how to stay safe and make responsible choices as independence increases.	Understanding how to manage emotions, identity and pressure during major life changes.