

# KS3 Excellence Pathway 2025-2028



Name:

Form group:

# How to use this booklet

Use this handbook to record and collect stamps for your participation in extra-curricular and extension activities. Each time you take part in an approved activity, ask for a stamp to be added as evidence of your learning and skill development. We will meet once every half term to share progress, showcase new skills, and celebrate achievements as you work your way through the UCC Excellence Pathway. Badges for bronze, silver and gold participation is outlined below.

Bronze – 5–7 stamps

Consistent participation

Silver – 10–14 stamps

Broader skills and regular engagement

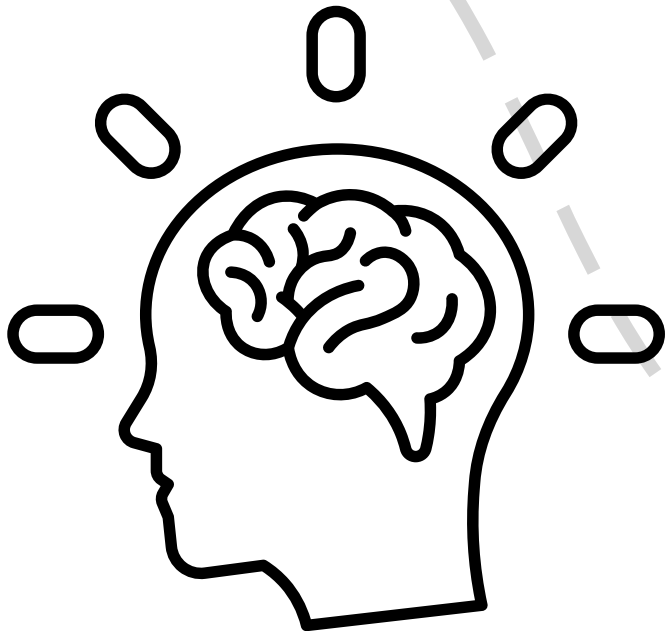
Gold – 18–20+ stamps

Outstanding commitment and sustained excellence



# Recording reflections

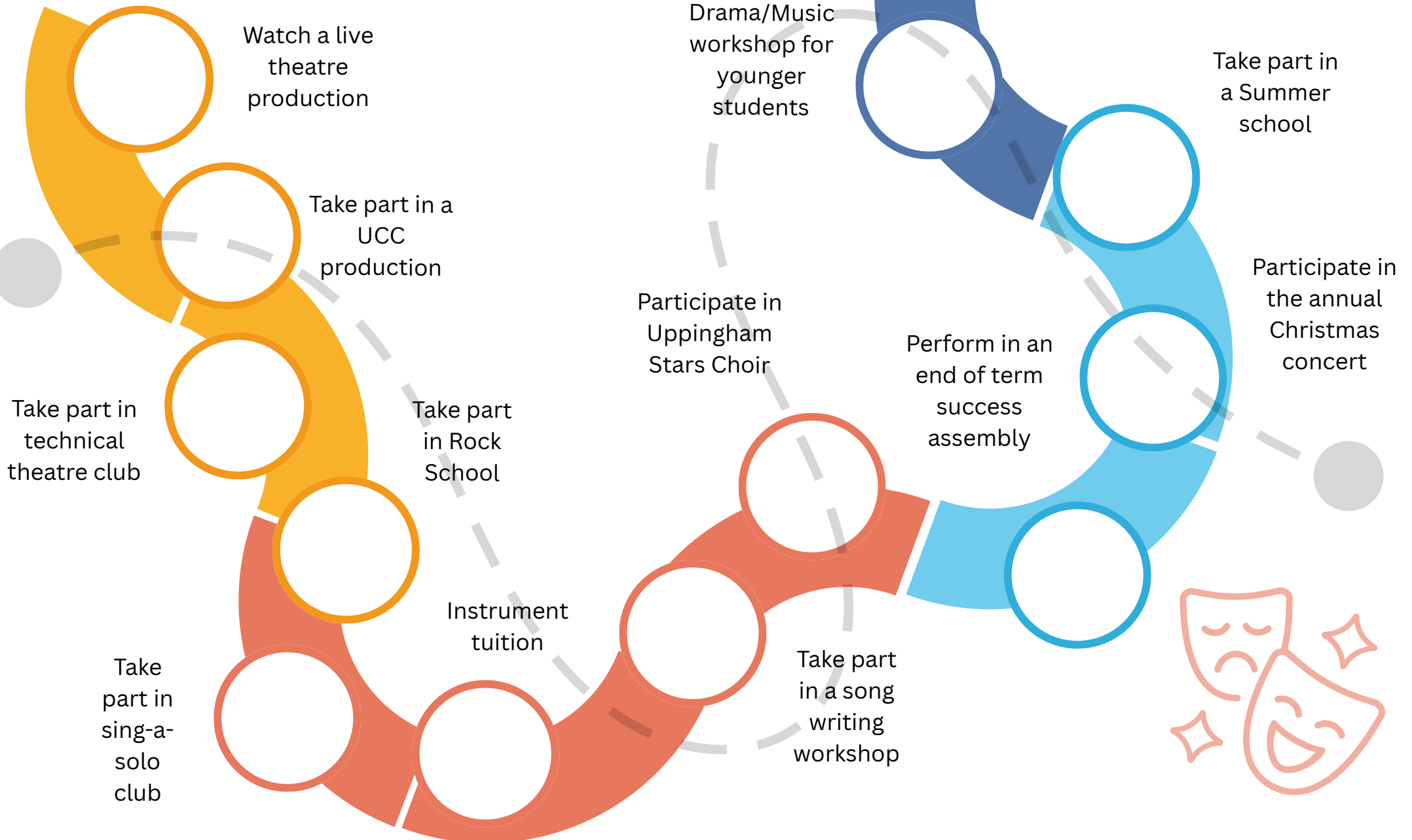
Completing your reflection is an important part of the pathway. Recording clear details of your activities and the dates they took place helps evidence your participation, track your progress, and recognise the skills you are developing over time. These reflections support award decisions, prepare you for half-termly showcases, and provide valuable examples you can use for applications, interviews, and future opportunities.



Record your reflection here:



# Drama and Music Pathway



# Where can Drama and Music take you?



Drama and Music can take you far beyond the classroom by building your confidence, creativity, and communication skills - abilities that are valuable in any career. Through performing and working with others, you learn how to express yourself, collaborate, and think critically about the world around you. These experiences can open doors to future opportunities in the arts, education, media, and entertainment, while also preparing you for leadership and lifelong personal growth.

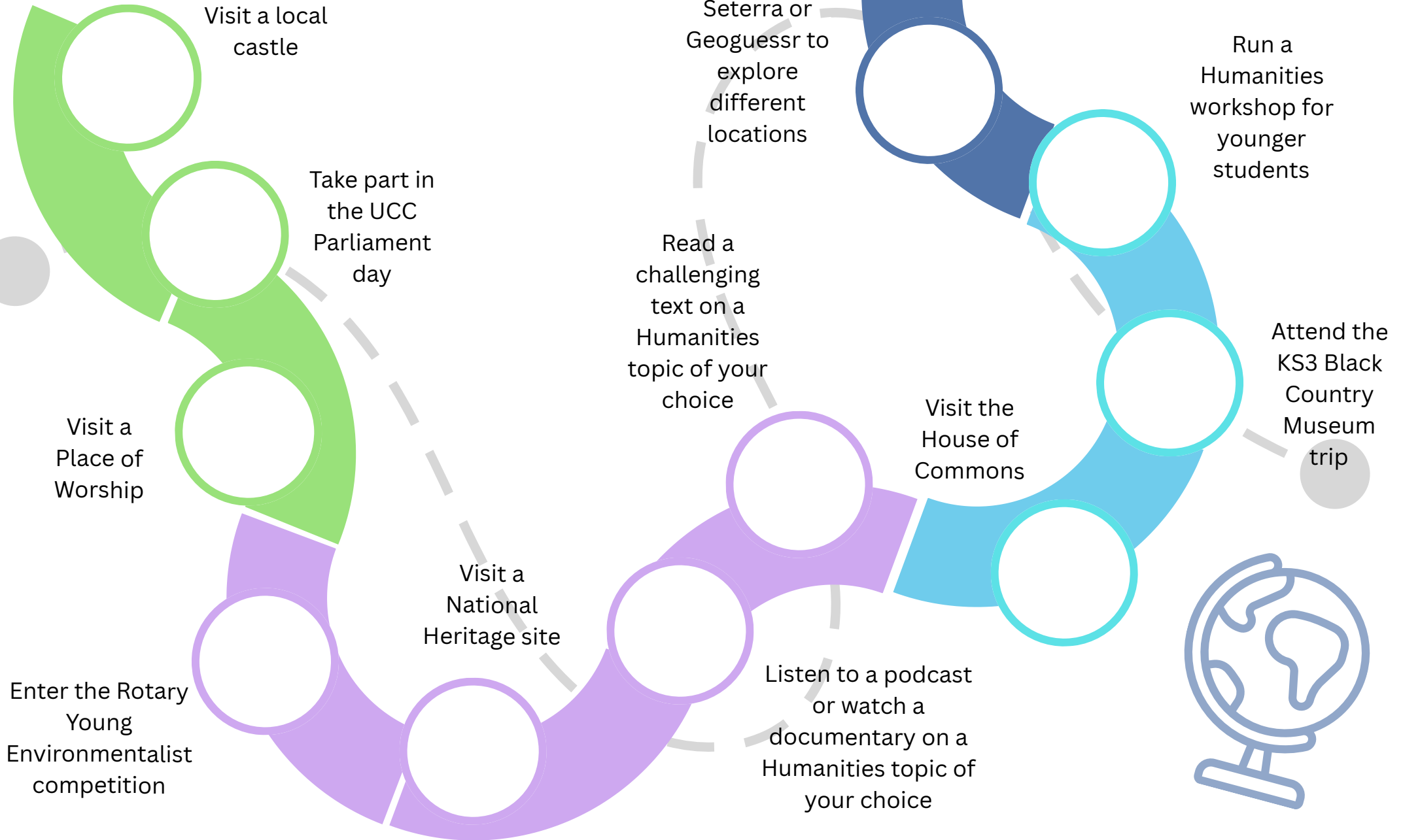
Through performing and working with others, you learn how to express yourself, collaborate, and think critically about the world around you. These experiences can open doors to many exciting paths, including:

- Actor or Performer
- Musician or Singer
- Composer or Songwriter
- Director or Stage Manager
- Sound or Lighting Technician
- Music or Drama Teacher
- Arts Therapist
- Film, TV, or Media Producer

Record your reflection here:



# Humanities Pathway



# Where can Humanities take you?

Humanities can take you far beyond the classroom by developing strong critical thinking, communication, and problem-solving skills that are valued in almost every career. By studying people, cultures, history, and ideas, you learn to understand different perspectives and make sense of the world around them. These skills open pathways into careers such as law, education, journalism, politics, social services, and many other fields, while also preparing you to be informed, thoughtful, and engaged citizens.

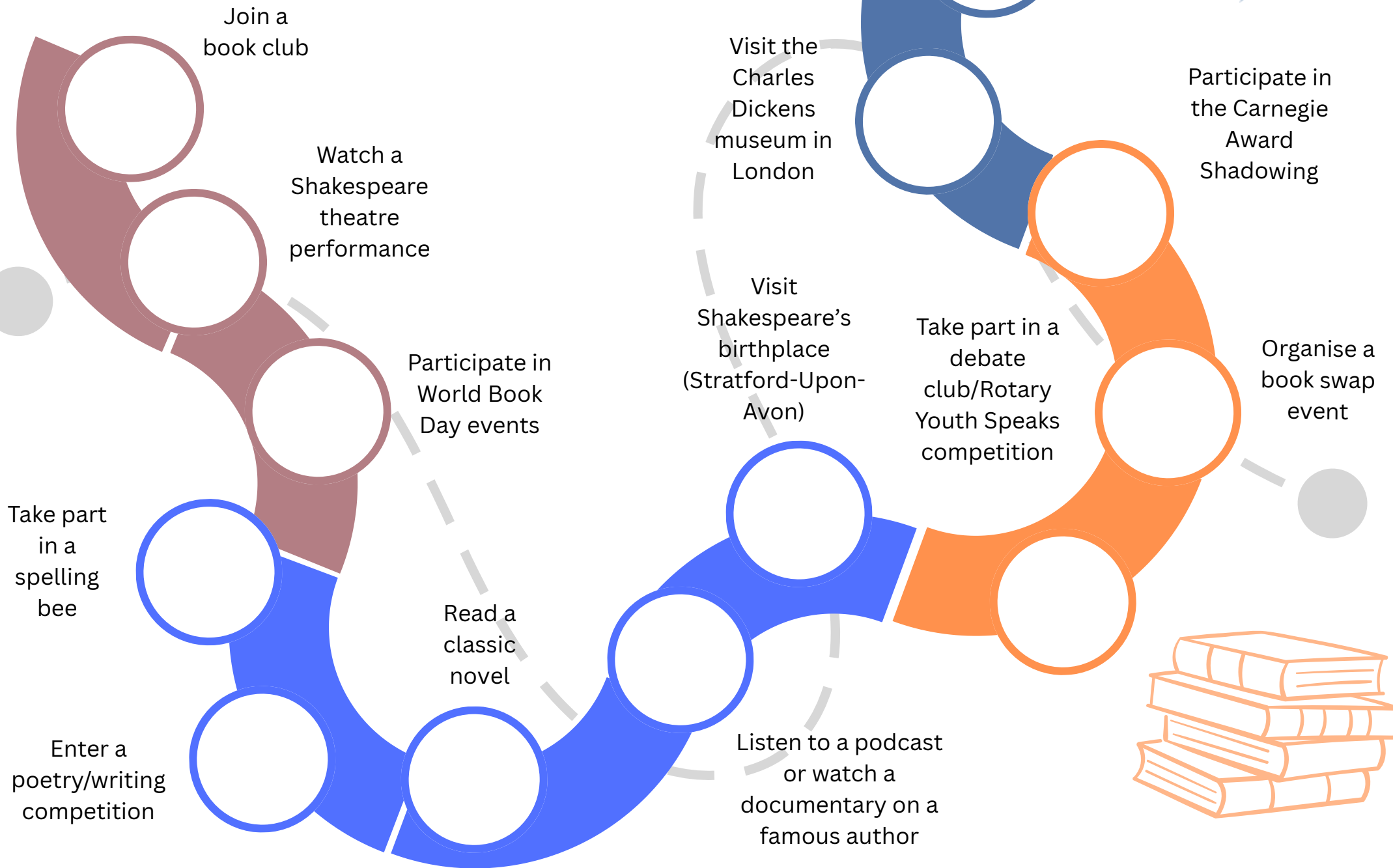
Through studying history, geography, philosophy, and social issues, you learn how to analyse information, form arguments, and see different perspectives. These experiences can open doors to many exciting paths, including:

- Lawyer or Legal Assistant
- Journalist or Writer
- Historian or Researcher
- Teacher or Lecturer
- Politician or Policy Advisor
- Social Worker or Community Advocate
- Museum or Heritage Officer
- International Relations or Diplomat

Record your reflection here:



# English Pathway



# Where can English take you?



Studying English opens doors far beyond the classroom by developing powerful reading, writing, speaking, and critical thinking skills that are essential in almost every career. Through exploring stories, language, and different forms of communication, you learn how to express ideas clearly, analyse information, and understand diverse perspectives. These skills open pathways into careers such as writing, journalism, education, law, media, marketing, and many other fields, while also helping you become confident communicators and thoughtful individuals.

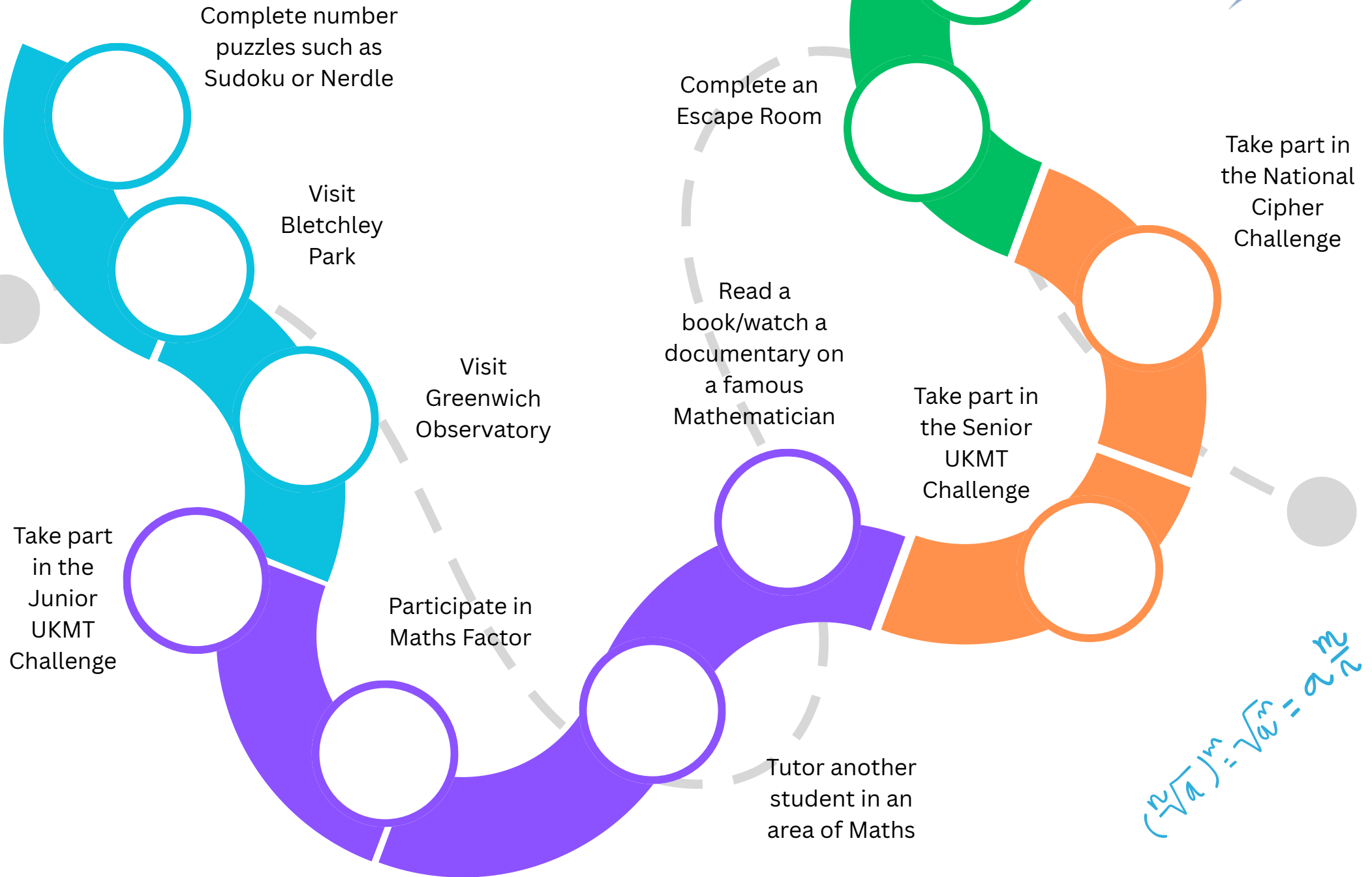
Studying English can lead to a wide range of career opportunities, including the following. These roles all rely on strong communication, creativity, and critical thinking skills developed through English studies.

- Writer or Author
- Journalist or Reporter
- Editor or Proofreader
- English Teacher or Lecturer
- Copywriter or Content Creator
- Marketing or Communications Officer
- Public Relations Specialist
- Lawyer or Legal Assistant
- Speechwriter
- Media or Publishing Assistant

Record your reflection here:



# Maths Pathway



$$(\sqrt[n]{a})^m = \sqrt[n]{a^m} = a^{\frac{m}{n}}$$

# Where can Maths take you?



Maths helps you build strong problem-solving, logical thinking, and analytical skills while becoming confident in working with numbers and data. It encourages critical thinking, attention to detail, and the ability to choose effective strategies when tackling challenges. Along the way, you also develop persistence, resilience, and time-management skills that support success across subjects, careers, and everyday life.

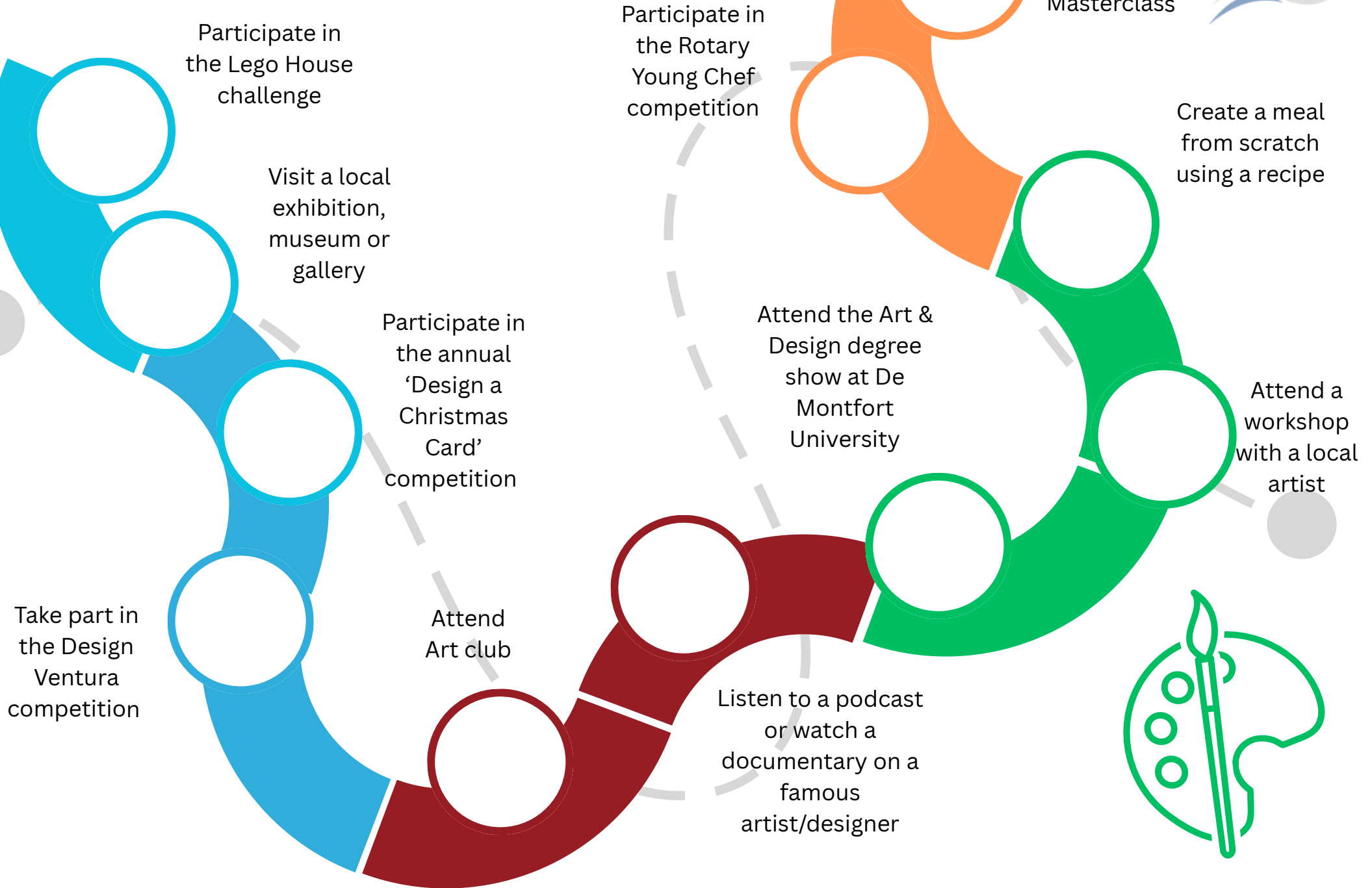
Studying maths can lead to many exciting and practical career pathways. These careers rely on strong numerical, analytical, and problem-solving skills developed through maths.

- Engineer
- Accountant
- Data Analyst
- Statistician
- Actuary
- Architect
- Economist
- Software Developer or Programmer
- Financial Analyst
- Mathematics Teacher or Lecturer

Record your reflection here:



# DTA Pathway



Assist with a  
KS2  
Masterclass

Create a meal  
from scratch  
using a recipe

Attend a  
workshop  
with a local  
artist

Attend the Art &  
Design degree  
show at De  
Montfort  
University

Listen to a podcast  
or watch a  
documentary on a  
famous  
artist/designer

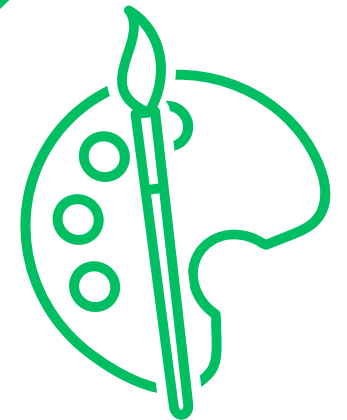
Attend  
Art club

Participate in  
the annual  
'Design a  
Christmas  
Card'  
competition

Visit a local  
exhibition,  
museum or  
gallery

Participate in  
the Lego House  
challenge

Take part in  
the Design  
Ventura  
competition



# Where can DTA take you?



Design Technology and Art helps you develop creativity, imagination, and strong problem-solving skills while learning how to design, make, and refine ideas. You gain practical and technical abilities, learn to communicate visually, and think critically about your work to make improvements. These subjects also build attention to detail, time-management skills, and confidence, preparing you for creative pathways and innovative thinking in many careers. They encourage experimentation, resilience, and independent thinking, helping you learn from mistakes and adapt your ideas. Together, these skills support success in both creative industries and a wide range of other professional fields.

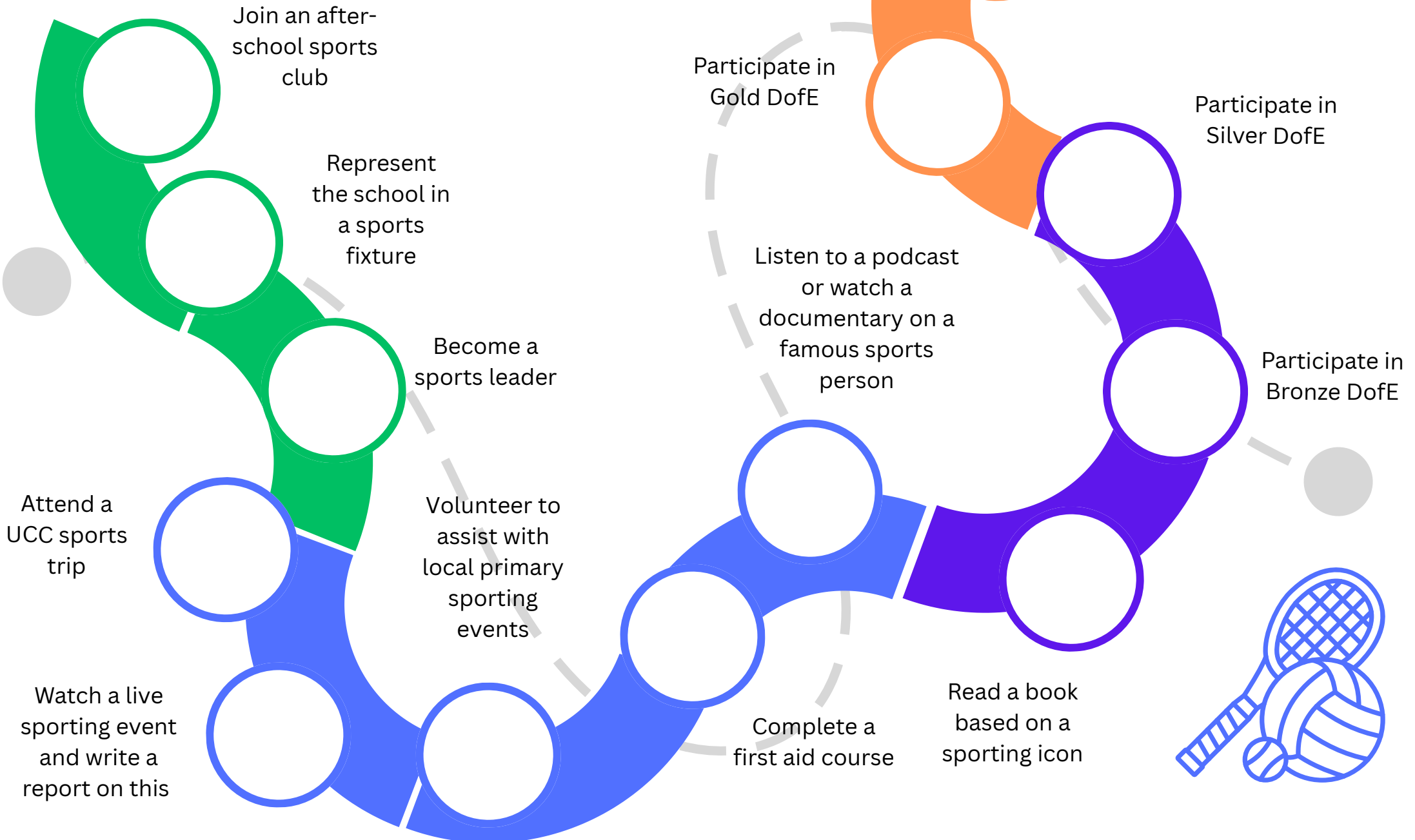
Studying Design Technology and Art can lead to a wide range of creative and practical career opportunities, including:

- Graphic Designer
- Product Designer
- Industrial Designer
- Architect
- Interior Designer
- Fashion Designer
- Illustrator or Artist
- AnimatorGame Designer
- Furniture Designer
- Web or UX Designer
- Art or Design Teacher

Record your reflection here:



# PE Pathway



# Where can PE take you?



PE helps you develop physical fitness, confidence, and a positive attitude toward health and wellbeing. You build teamwork, leadership, and communication skills by working with others, while also learning discipline, resilience, and goal-setting through training and competition.

PE also strengthens your problem-solving and decision-making abilities, helping you stay focused under pressure and develop habits that support an active, healthy lifestyle now and in the future.

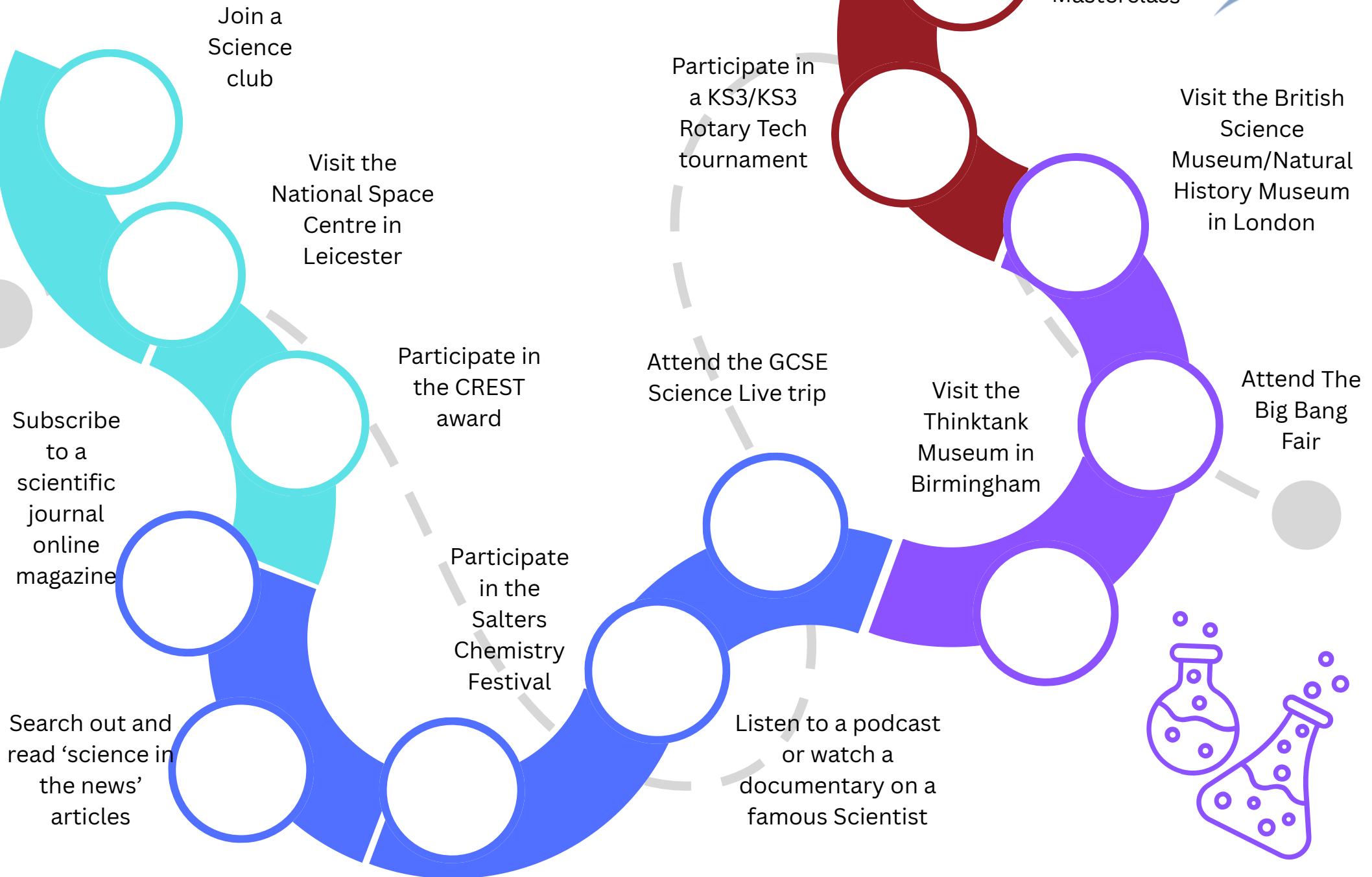
Studying PE can lead to a wide range of careers connected to sport, health, and physical activity. These careers use the physical, teamwork, leadership, and wellbeing skills developed through PE:

- Sports Coach
- PE Teacher
- Personal Trainer
- Fitness Instructor
- Physiotherapist
- Sports Scientist
- Sports Psychologist
- Athletic Trainer
- Sports Development Officer
- Nutritionist or Dietitian
- Leisure Centre Manager
- Professional Athlete

Record your reflection here:



# Science Pathway



Join a Science club

Visit the National Space Centre in Leicester

Participate in the CREST award

Participate in the Salters Chemistry Festival

Subscribe to a scientific journal online magazine

Search out and read 'science in the news' articles

Participate in a KS3/KS3 Rotary Tech tournament

Attend the GCSE Science Live trip

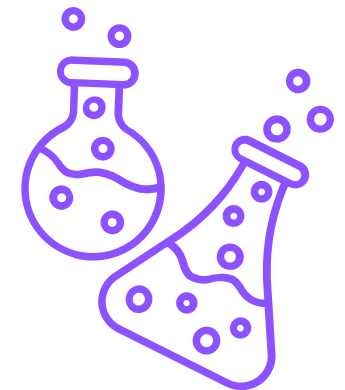
Listen to a podcast or watch a documentary on a famous Scientist

Visit the Thinktank Museum in Birmingham

Visit the British Science Museum/Natural History Museum in London

Attend The Big Bang Fair

Assist with a KS2 Masterclass



# Where can Science take you?



Science helps you develop strong curiosity, critical thinking, and problem-solving skills as you explore how the world works. You learn how to plan investigations, analyse data, and draw evidence-based conclusions, building confidence in logical and independent thinking. Science also strengthens your teamwork, communication, and practical skills, while encouraging creativity, resilience, and a questioning mindset that is valuable in many careers and everyday life. You become more confident using technology and scientific equipment safely and effectively. These skills help you adapt to new challenges and make informed decisions about the world around you.

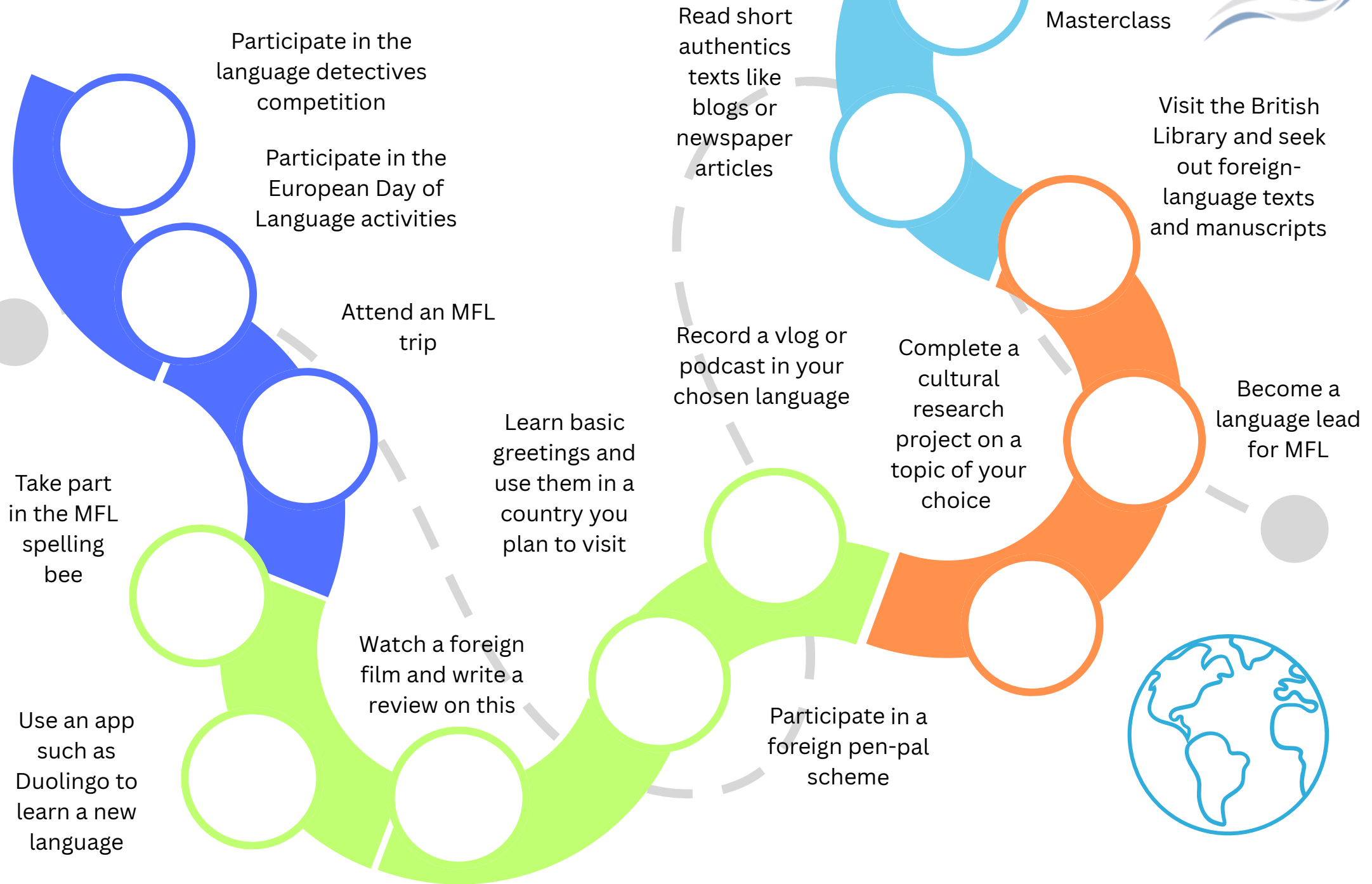
Studying science can lead to a wide range of exciting and meaningful career pathways. These careers rely on the analytical, practical, and problem-solving skills developed through science.

- Scientist (Biologist, Chemist, or Physicist)
- Laboratory Technician
- Doctor or Medical Practitioner
- Nurse
- Pharmacist
- Engineer
- Forensic Scientist
- Environmental Scientist
- Researcher
- Veterinarian
- Science Teacher or Lecturer
- Data Scientist

Record your reflection here:



# MFL Pathway



# Where can MFL take you?



Modern Foreign Languages helps you develop strong communication and listening skills while learning how to express yourself clearly in another language. You build confidence in speaking, reading, and writing, as well as improve your memory and attention to detail. MFL also helps you understand different cultures and perspectives, encouraging open-mindedness, adaptability, and global awareness—skills that are valuable in many careers and in an increasingly connected world. You also develop problem-solving skills by working out meaning from context and unfamiliar words. These skills can help you travel, study, and work more easily in international settings.

Studying a Modern Foreign Language can lead to many exciting international and communication-based careers. These careers use the language, communication, and cultural understanding skills developed through MFL.

- Translator
- Interpreter
- International Business Manager
- Diplomat or Foreign Service Officer
- Tour Guide
- Travel or Airline Cabin Crew
- International Marketing Officer
- Import / Export Coordinator
- Language Teacher
- Journalist or Foreign Correspondent

Record your reflection here:

