

<b>Cambridge National Sports Studies</b>	In Year 10 and 11 students will complete three units to this course. They include; Contemporary issues in Sport, Performance and Leadership in sports activities and Sport in the Media. Across these Units, students will develop an understanding of contemporary issues in sport and how they impact on different sporting activities. Learn how to apply your skills as both a performer in two different sporting activities and as a leader in one sporting activity. Learn how to be a sports leader, through using your initiative to solve problems and making decisions when dealing with rapidly changing conditions and situations. Develop an understanding on the relationship between sport and the media and apply this to real life examples. Finally, how to evaluate and interpret the different ways in which sport is represented by the media. This is done through a variety of assessments including examinations, practical activities, assignment/report writing and lesson planning.		
<b>Units</b>	<b>Contemporary Issues R184 M (48 GLH)</b>	<b>Performance &amp; Leadership in Sports Activities R185 M (48 GLH)</b>	<b>Sport and the Media R186 O (24 GLH)</b>
<b>Topics</b>	<b>4</b>	<b>5</b>	<b>3</b>
<b>Knowledge</b>	<ul style="list-style-type: none"> <li>Develop key knowledge in the following areas:</li> <li><b>Contemporary Issues</b> – Issues that affect participation sport/The role of sport in promoting values/Implications of hosting a major sporting event/The role of NGB's in sport and the impact of technology in sport.</li> <li><b>Performance and Leadership</b> – Strength &amp; Weaknesses of your performances/How to organise a planned sports activity/How to apply practice methods to support improvement in a sports session and How to lead a sports session.</li> <li><b>Sport and the Media</b> – The different sources of media that cover sport/Positive effects of the Media/Negative effects of the Media</li> </ul>		
<b>Understanding</b>	<ul style="list-style-type: none"> <li>Understand and apply the fundamental principles and concepts of Sport Studies</li> <li>Understand topical and contemporary issues in sport, including; why people do and do not participate in sport, the promotion of ethics and values, the roles of National Governing Bodies and high profile events have in sport, as well as how technology is used within sport</li> <li>Understand the relationship that the media has with sport and understand how linked they are. The relationship to real world examples and the different ways in which sport and the media represent each other will be applied</li> <li>Understand how to develop a plan, write and evaluate an activity session, to further develop leadership skills</li> </ul>		
<b>Skills</b>	<ul style="list-style-type: none"> <li>Develop skills as a performer in two different sporting activities and learn how to lead sporting activity sessions</li> <li>Develop learning and practical skills that can be applied to real-life contexts and work situations</li> <li>Learn to analyse their own performance to help improve themselves and their skills in sport</li> <li>Develop the skills of team working, research and planning and understand that sports performance goes far beyond just the simple physical activity of sport</li> </ul>		
<b>Assessment</b>	<p>This unit is assessed by an exam. The exam is 1 hour and 15 minutes. It has three Sections – Section A, Section B and Section C.</p> <p><b>Total 70 marks</b></p>	<p>Students are assessed in any 2 sports and are graded out of 14 marks for each.</p> <p>Students are graded out of 14 marks in each topic:</p> <p>Applying practice methods to support improvement</p> <p>Organising and planning a sports activity session</p> <p>Leading a sports activity session</p> <p>Reviewing your own performance (graded out of 10)</p> <p><b>Total 80 marks</b></p>	<p>The three topics covered are assessed as follows:</p> <p>The different sources that cover the media (12 marks)</p> <p>The positive effects of the media (16 marks)</p> <p>The negative effects of the media (12 marks)</p> <p><b>Total 40 marks</b></p>
<b>% Final Grade</b>	40% of final grade	40% of final grade	20% of final grade