



@UCC\_PE



@PE\_UCC

# Extra-Curricular Diary 7<sup>th</sup> – 11<sup>th</sup> FEB

DAY	ACTIVITY	DETAILS
<b>Monday</b>	<b>SPOTLIGHT (All Years)</b> <ul style="list-style-type: none"> <li>• Fitness Suite (Lunch)</li> <li>• FREE</li> <li>• Girls have already signed up</li> <li>• <b>Ms Hodgson</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February 1.25pm – 2pm <b>ALREADY SIGNED UP</b>
<b>Tuesday</b>	<b>Trampolining (Exam PE Students + KS4)</b> <ul style="list-style-type: none"> <li>• Sports Hall</li> <li>• FREE</li> <li>• 24 places</li> <li>• <b>Mr Laywood</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February <b>3.20pm – 4.20pm</b> <b>BOOK VIA WISEPAY</b>
	<b>Badminton (KS3)</b> <ul style="list-style-type: none"> <li>• Sports hall (Lunch)</li> <li>• FREE</li> <li>• 18 places</li> <li>• <b>Mr Laywood + Sports Leaders</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February 1.25pm – 2pm <b>BOOK VIA WISEPAY</b>
	<b>SPOTLIGHT (All Years)</b> <ul style="list-style-type: none"> <li>• Fitness Suite</li> <li>• FREE</li> <li>• Girls have already signed up</li> <li>• <b>Ms Hodgson</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February <b>3.20pm – 4.20pm</b> <b>ALREADY SIGNED UP</b>
	<b>Trampolining Competition</b>	<b>@ Robert Smyth Academy</b> <b>Years 7/8/10/11</b> <b>Pick up time from UCC</b> <b>approx. 6.00pm</b>

<b>Wednesday</b>	<b>Dodgeball (Year 7)</b> <ul style="list-style-type: none"> <li>• Sports Hall (Lunch)</li> <li>• FREE</li> <li>• 20 places</li> <li>• <b>Mr Laywood + Sports Leaders</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February <b>1.25pm – 2pm</b> <b>BOOK VIA WISEPAY</b>
	<b>Girls Futsal (All years)</b> <ul style="list-style-type: none"> <li>• Sports Hall</li> <li>• FREE</li> <li>• 25 (Looking for those interested in competing in upcoming fixtures)</li> </ul> <b>Mr Rowan/ Mr Grandidge</b>	<b>Until Feb HT - FREE</b> w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February <b>3.20pm – 4.20pm</b> <b>BOOK VIA WISEPAY</b>
	<b>SPOTLIGHT (All Years)</b> <ul style="list-style-type: none"> <li>• Fitness Suite</li> <li>• FREE</li> <li>• Girls have already signed up</li> <li>• <b>Ms Hodgson</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February 1.25pm – 2pm <b>ALREADY SIGNED UP</b>
	<b>Futsal Competition</b>	<b>@ Belvoir</b>  <b>Year 7 Girls</b>  <b>Pick up time from UCC approx. 5.30pm</b>
	<b>RYDA Dance (Street Dance)</b> <ul style="list-style-type: none"> <li>• UCC Drama Studio</li> <li>• 5.50 per week (Paid in termly blocks)</li> <li>• <b>Sarah</b></li> </ul>	<b>Until Feb HT – FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February 3.15pm – 4.15pm <b>Book at <a href="https://rutlanddance.co.uk/">https://rutlanddance.co.uk/</a></b>
	<b>RYDA Dance (Contemporary)</b> <ul style="list-style-type: none"> <li>• UCC Drama Studio</li> <li>• 5.50 per week (Paid in termly blocks)</li> <li>• <b>Sarah</b></li> </ul>	<b>Until Feb HT – FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February 4.15pm – 5.15pm <b>Book at <a href="https://rutlanddance.co.uk/">https://rutlanddance.co.uk/</a></b>

	<b>Squash Club (External club)</b> <ul style="list-style-type: none"> <li>• Uppingham Sports Centre</li> <li>• 10 Places</li> <li>• £25 for a 5 week block</li> <li>• <b>Mr Green</b></li> </ul> <p>This is an offsite activity and transport to and from the sports centre needs to be arranged by parents</p>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February 4pm - 5pm <b>Book Direct: Uppingham Sports Centre 01572 820830</b>
<b>Thursday</b>	<b>Fitness Club (Year 9, 10, 11)</b> <ul style="list-style-type: none"> <li>• Fitness Suite</li> <li>• FREE</li> <li>• 25 places</li> <li>• <b>Mr Clamp</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February <b>3.20pm – 4.20pm</b> <b>BOOK VIA WISEPAY</b>
	<b>Rugby Festival</b>	<b>@ Hinckley Rugby Club</b> <b>Pick up from UCC approx. 4.00pm</b>
	<b>Cambridge National Sport Studies Catch up</b> <ul style="list-style-type: none"> <li>• LRA4</li> <li>• FREE</li> <li>• Invite only</li> <li>• <b>Mrs White</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February <b>3.20pm – 4.20pm</b> <b>INVITE ONLY</b>
<b>Friday</b>	<b>Fencing Club</b> <ul style="list-style-type: none"> <li>• Drama Studio</li> <li>• £4 per session</li> <li>• 14 Places</li> <li>• <b>Mr Sharpe</b></li> </ul>	<b>Until Feb HT- £4 per session</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February <b>3.10pm – 4.10pm</b>
	<b>Inclusive Sport Club</b> <ul style="list-style-type: none"> <li>• Sports Hall (Lunch)</li> <li>• FREE</li> <li>• Invite only</li> </ul> <b>Mr Grandidge</b>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February <b>1.25pm – 2pm</b> <b>INVITE ONLY</b>