



@UCC_PE



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Extra-Curricular Diary 31st – 4th

DAY	ACTIVITY	DETAILS
Monday	SPOTLIGHT (All Years) <ul style="list-style-type: none"> • Fitness Suite (Lunch) • FREE • Girls have already signed up • Ms Hodgson 	Until Feb HT - FREE w/c 10 th January – 11 th February 1.25pm – 2pm ALREADY SIGNED UP
Tuesday	Trampoline (Exam PE Students + KS4) <ul style="list-style-type: none"> • Sports Hall • FREE • 24 places • Mr Laywood 	Until Feb HT - FREE w/c 17 th January – 11 th February 3.20pm – 4.20pm BOOK VIA WISEPAY
	Badminton (KS3) <ul style="list-style-type: none"> • Sports hall (Lunch) • FREE • 18 places • Mr Laywood + Sports Leaders 	Until Feb HT - FREE w/c 17 th January – 11 th February 1.25pm – 2pm BOOK VIA WISEPAY
	SPOTLIGHT (All Years) <ul style="list-style-type: none"> • Fitness Suite • FREE • Girls have already signed up • Ms Hodgson 	Until Feb HT - FREE w/c 10 th January – 11 th February 3.20pm – 4.20pm ALREADY SIGNED UP
Wednesday	Dodgeball (Year 7) <ul style="list-style-type: none"> • Sports Hall (Lunch) • FREE • 20 places • Mr Laywood + Sports Leaders 	Until Feb HT - FREE w/c 17 th January – 11 th February 1.25pm – 2pm BOOK VIA WISEPAY

	Girls Futsal (All years) <ul style="list-style-type: none"> • Sports Hall • FREE • 25 (Looking for those interested in competing in upcoming fixtures) • Mr Rowan/ Mr Grandidge 	Until Feb HT - FREE w/c 17 th January – 11 th February 3.20pm – 4.20pm BOOK VIA WISEPAY
	SPOTLIGHT (All Years) <ul style="list-style-type: none"> • Fitness Suite • FREE • Girls have already signed up • Ms Hodgson 	Until Feb HT - FREE w/c 10 th January – 11 th February 1.25pm – 2pm ALREADY SIGNED UP
	RYDA Dance (Street Dance) <ul style="list-style-type: none"> • UCC Drama Studio • 5.50 per week (Paid in termly blocks) • Sarah 	Until Feb HT – FREE w/c 10 th January – 11 th February 3.15pm – 4.15pm Book at https://rutlanddance.co.uk/
	RYDA Dance (Contemporary) <ul style="list-style-type: none"> • UCC Drama Studio • 5.50 per week (Paid in termly blocks) • Sarah 	Until Feb HT – FREE w/c 10 th January – 11 th February 4.15pm – 5.15pm Book at https://rutlanddance.co.uk/
	Squash Club (External club) <ul style="list-style-type: none"> • Uppingham Sports Centre • 10 Places • £25 for a 5 week block • Mr Green <p>This is an offsite activity and transport to and from the sports centre needs to be arranged by parents</p>	Until Feb HT - FREE w/c 10 th January – 11 th February 4pm - 5pm Book Direct: Uppingham Sports Centre 01572 820830
Thursday	Fitness Club (Year 9, 10, 11) <ul style="list-style-type: none"> • Fitness Suite • FREE • 25 places • Mr Clamp 	Until Feb HT - FREE w/c 10 th January – 11 th February 3.20pm – 4.20pm BOOK VIA WISEPAY

	Cambridge National Sport Studies Catch up <ul style="list-style-type: none"> • LRA4 • FREE • Invite only • Mrs White 	Until Feb HT - FREE w/c 10 th January – 11 th February 3.20pm – 4.20pm INVITE ONLY
Friday	Fencing Club <ul style="list-style-type: none"> • Drama Studio • £4 per session • 14 Places • Mr Sharpe 	Until Feb HT- £4 per session w/c 10 th January – 11 th February 3.10pm – 4.10pm
	Inclusive Sport Club <ul style="list-style-type: none"> • Sports Hall (Lunch) • FREE • Invite only • Mr Grandidge 	Until Feb HT - FREE w/c 10 th January – 11 th February 1.25pm – 2pm INVITE ONLY