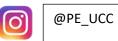


Extra-Curricular Diary 31st - 4th



DAY	ACTIVITY	DETAILS
Monday	 Fitness Suite (Lunch) FREE Girls have already signed up Ms Hodgson 	Until Feb HT - FREE w/c 10 th January – 11 th February 1.25pm – 2pm ALREADY SIGNED UP
Tuesday	Trampolining (Exam PE Students + KS4) • Sports Hall • FREE • 24 places • Mr Laywood	Until Feb HT - FREE w/c 17 th January – 11 th February 3.20pm – 4.20pm BOOK VIA WISEPAY
	 Sports hall (Lunch) FREE 18 places Mr Laywood + Sports Leaders 	Until Feb HT - FREE w/c 17 th January – 11 th February 1.25pm – 2pm BOOK VIA WISEPAY
	 SPOTLIGHT (All Years) Fitness Suite FREE Girls have already signed up Ms Hodgson 	Until Feb HT - FREE w/c 10 th January – 11 th February 3.20pm – 4.20pm ALREADY SIGNED UP
Wednesday	 Sports Hall (Lunch) FREE 20 places Mr Laywood + Sports Leaders 	Until Feb HT - FREE w/c 17 th January – 11 th February 1.25pm – 2pm BOOK VIA WISEPAY

	Girls Futsal (All years)	Until Feb HT - FREE
	Sports HallFREE	w/c 17 th January – 11 th February
	25 (Looking for those interested in competing in upcoming fixtures)	3.20pm – 4.20pm
	Mr Rowan/ Mr Grandidge	BOOK VIA WISEPAY
	SPOTLIGHT (All Years)	Until Feb HT - FREE
	Fitness SuiteFREE	w/c 10 th January – 11 th February
	Girls have already signed up	1.25pm – 2pm
	Ms Hodgson	ALREADY SIGNED UP
	RYDA Dance (Street Dance)	Until Feb HT – FREE
	 UCC Drama Studio 5.50 per week (Paid in termly blocks) 	w/c 10 th January – 11 th February
	• Sarah	3.15pm – 4.15pm
		Book at https://rutlanddance.co.uk/
	RYDA Dance (Contemporary)	Until Feb HT – FREE
	UCC Drama Studio5.50 per week (Paid in termly blocks)	w/c 10 th January – 11 th February
	• Sarah	4.15pm – 5.15pm
		Book at https://rutlanddance.co.uk/
	Squash Club (External club)	Until Feb HT - FREE
	Uppingham Sports Centre10 Places	w/c 10 th January – 11 th February
	• £25 for a 5 week block • Mr Green	4pm - 5pm
	This is an offsite activity and transport to and from the sports centre needs to be arranged by parents	Book Direct: Uppingham Sports Centre 01572 820830
	Fitness Club (Year 9, 10, 11)	Until Feb HT - FREE
a	Fitness Suite FREE	w/c 10 th January – 11 th February
Thursday	• 25 places • Mr Clamp	3.20pm – 4.20pm
		BOOK VIA WISEPAY

	Cambridge National Sport Studies	Until Feb HT - FREE
	Catch up	w/c 10 th January – 11 th February
	LRA4 FREE	3.20pm – 4.20pm
	Invite onlyMrs White	INVITE ONLY
	Fencing Club	Until Feb HT- £4 per session
Friday	 Drama Studio £4 per session 14 Places Mr Sharpe 	w/c 10 th January – 11 th February 3.10pm – 4.10pm
	Inclusive Sport Club	Until Feb HT - FREE
	Sports Hall (Lunch)FREE	w/c 10 th January – 11 th February
	Invite only	1.25pm – 2pm
	Mr Grandidge	INVITE ONLY