



@UCC\_PE



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# Extra-Curricular Diary 17<sup>th</sup> – 21<sup>st</sup> JAN

DAY	ACTIVITY	DETAILS
<b>Monday</b>	<b>SPOTLIGHT (All Years)</b> <ul style="list-style-type: none"> <li>• Fitness Suite (Lunch)</li> <li>• FREE</li> <li>• Girls have already signed up</li> <li>• <b>Ms Hodgson</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February  1.25pm – 2pm  <b>ALREADY SIGNED UP</b>
	<b>Year 8 Girls Basketball Fixture</b>	<b>Monday 17/01/22</b> <b>@ Limehurst Academy</b> <b>Pick up time approx. 17:30</b>
<b>Tuesday</b>	<b>SPOTLIGHT (All Years)</b> <ul style="list-style-type: none"> <li>• Fitness Suite</li> <li>• FREE</li> <li>• Girls have already signed up</li> <li>• <b>Ms Hodgson</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February  3.20pm – 4.20pm  <b>ALREADY SIGNED UP</b>
	<b>Trampolining (Exam PE Students + KS4)</b> <ul style="list-style-type: none"> <li>• Sports Hall</li> <li>• FREE</li> <li>• 24 places</li> <li>• <b>Mr Laywood</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February  3.20pm – 4.20pm  <b>BOOK VIA WISEPAY</b>

	<p><b>Badminton (KS3)</b></p> <ul style="list-style-type: none"> <li>• Sports hall (Lunch)</li> <li>• FREE</li> <li>• 18 places</li> <li>• <b>Mr Laywood + Sports Leaders</b></li> </ul>	<p><b>Until Feb HT - FREE</b></p> <p>w/c 17<sup>th</sup> January – 11<sup>th</sup> February</p> <p>1.25pm – 2pm</p> <p><b>BOOK VIA WISEPAY</b></p>
<b>Wednesday</b>	<p><b>Girls Futsal (All years)</b></p> <ul style="list-style-type: none"> <li>• Sports Hall</li> <li>• FREE</li> <li>• 25 (Looking for those interested in competing in upcoming fixtures)</li> <li>• <b>Mr Rowan/ Mr Grandidge</b></li> </ul>	<p><b>Until Feb HT - FREE</b></p> <p>w/c 17<sup>th</sup> January – 11<sup>th</sup> February</p> <p><b>3.20pm – 4.20pm</b></p> <p><b>BOOK VIA WISEPAY</b></p>
	<p><b>Dodgeball (Year 7)</b></p> <ul style="list-style-type: none"> <li>• Sports Hall (Lunch)</li> <li>• FREE</li> <li>• 20 places</li> <li>• <b>Mr Laywood + Sports Leaders</b></li> </ul>	<p><b>Until Feb HT - FREE</b></p> <p>w/c 17<sup>th</sup> January – 11<sup>th</sup> February</p> <p><b>1.25pm – 2pm</b></p> <p><b>BOOK VIA WISEPAY</b></p>
	<p><b>SPOTLIGHT (All Years)</b></p> <ul style="list-style-type: none"> <li>• Fitness Suite</li> <li>• FREE</li> <li>• Girls have already signed up</li> <li>• <b>Ms Hodgson</b></li> </ul>	<p><b>Until Feb HT - FREE</b></p> <p>w/c 10<sup>th</sup> January – 11<sup>th</sup> February</p> <p>1.25pm – 2pm</p> <p><b>ALREADY SIGNED UP</b></p>

	<p><b>RYDA Dance (Street Dance)</b></p> <ul style="list-style-type: none"> <li>• UCC Drama Studio</li> <li>• 5.50 per week (Paid in termly blocks)</li> <li>• Sarah</li> </ul>	<p><b>Until Feb HT – FREE</b></p> <p>w/c 10<sup>th</sup> January – 11<sup>th</sup> February</p> <p>3.15pm – 4.15pm</p> <p>Book at <a href="https://rutlanddance.co.uk/">https://rutlanddance.co.uk/</a></p>
	<p><b>RYDA Dance (Contemporary)</b></p> <ul style="list-style-type: none"> <li>• UCC Drama Studio</li> <li>• 5.50 per week (Paid in termly blocks)</li> <li>• Sarah</li> </ul>	<p><b>Until Feb HT – FREE</b></p> <p>w/c 10<sup>th</sup> January – 11<sup>th</sup> February</p> <p>4.15pm – 5.15pm</p> <p>Book at <a href="https://rutlanddance.co.uk/">https://rutlanddance.co.uk/</a></p>
	<p><b>Squash Club (External club)</b></p> <ul style="list-style-type: none"> <li>• Uppingham Sports Centre</li> <li>• 10 Places</li> <li>• £25 for a 5 week block</li> <li>• Mr Green</li> </ul> <p>This is an offsite activity and transport to and from the sports centre needs to be arranged by parents</p>	<p><b>Until Feb HT - FREE</b></p> <p>w/c 10<sup>th</sup> January – 11<sup>th</sup> February</p> <p>4pm - 5pm</p> <p>Book Direct: Uppingham Sports Centre 01572 820830</p>
<p><b>Thursday</b></p>	<p><b>Cambridge National Sport Studies Catch up</b></p> <ul style="list-style-type: none"> <li>• LRA4</li> <li>• FREE</li> <li>• Invite only</li> <li>• Mrs White</li> </ul>	<p><b>Until Feb HT - FREE</b></p> <p>w/c 10<sup>th</sup> January – 11<sup>th</sup> February</p> <p>3.20pm – 4.20pm</p> <p>INVITE ONLY</p>

	<b>Fitness Club (Year 9, 10, 11)</b> <ul style="list-style-type: none"> <li>• Fitness Suite</li> <li>• FREE</li> <li>• 25 places</li> <li>• <b>Mr Clamp</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February  <b>3.20pm – 4.20pm</b>  <b>BOOK VIA WISEPAY</b>
	<b>Year 9 BOYS Football Match</b>	<b>Monday 20/01/22</b>  <b>@ UCC</b>  <b>Pick up time approx. 17:00</b>
<b>Friday</b>	<b>Inclusive Sport Club</b> <ul style="list-style-type: none"> <li>• Sports Hall (Lunch)</li> <li>• FREE</li> <li>• Invite only</li> <li>• <b>Mr Grandidge</b></li> </ul>	<b>Until Feb HT - FREE</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February  <b>1.25pm – 2pm</b>  <b>INVITE ONLY</b>
	<b>Fencing Club</b> <ul style="list-style-type: none"> <li>• Drama Studio</li> <li>• £4 per session</li> <li>• 14 Places</li> <li>• <b>Mr Sharpe</b></li> </ul>	<b>Until Feb HT- £4 per session</b> w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February  <b>3.10pm – 4.10pm</b>