

## Extra-Curricular Diary 10th - 14th JAN



@PE\_UCC

DAY	ACTIVITY	DETAILS
Monday	<ul> <li>Fitness Suite (Lunch)</li> <li>FREE</li> <li>Girls have already signed up</li> <li>Ms Hodgson</li> </ul>	Until Feb HT - FREE  w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February  1.25pm – 2pm
		FULLY BOOKED
Tuesday	<ul> <li>Fitness Suite</li> <li>FREE</li> <li>Girls have already signed up</li> <li>Ms Hodgson</li> </ul>	Until Feb HT - FREE  w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February  3.20pm – 4.20pm  FULLY BOOKED
	Trampolining (Exam PE Students + KS4)  • Sports Hall • FREE • 24 places • Mr Laywood	Until Feb HT - FREE  w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February  3.20pm – 4.20pm  BOOK VIA WISEPAY

	Badminton (KS3)	Until Feb HT - FREE
	<ul><li>Sports hall (Lunch)</li><li>FREE</li><li>18 places</li></ul>	w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February
	Mr Laywood + Sports Leaders	1.25pm – 2pm
		BOOK VIA WISEPAY
	Girls Futsal (All years)	Until Feb HT - FREE
	Sports Hall	w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February
	<ul> <li>FREE</li> <li>25 (Looking for those interested in competing in upcoming fixtures)</li> <li>Mr Rowan/ Mr Grandidge</li> </ul>	3.20pm – 4.20pm
		BOOK VIA WISEPAY
	Dodgeball (Year 7)	Until Feb HT - FREE
	Sports Hall (Lunch)	w/c 17 <sup>th</sup> January – 11 <sup>th</sup> February
Wednesday	<ul> <li>FREE</li> <li>20 places</li> <li>Mr Laywood + Sports Leaders</li> </ul>	1.25pm – 2pm
		BOOK VIA WISEPAY
	SPOTLIGHT (All Years)	Until Feb HT - FREE
	<ul><li>Fitness Suite</li><li>FREE</li></ul>	w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February
	<ul> <li>Girls have already signed up</li> <li>Ms Hodgson</li> </ul>	1.25pm – 2pm
		FULLY BOOKED

	RYDA Dance (Street Dance)	Until Feb HT – FREE
	<ul> <li>UCC Drama Studio</li> <li>5.50 per week (Paid in termly blocks)</li> <li>Sarah</li> </ul>	w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February
		3.15pm – 4.15pm
		Book at https://rutlanddance.co.uk/
	RYDA Dance (Contemporary)	Until Feb HT – FREE
	<ul> <li>UCC Drama Studio</li> <li>5.50 per week (Paid in termly blocks)</li> <li>Sarah</li> </ul>	w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February
		4.15pm – 5.15pm
		Book at https://rutlanddance.co.uk/
	Squash Club (External club)	Until Feb HT - FREE
	<ul> <li>Uppingham Sports Centre</li> <li>10 Places</li> <li>£25 for a 5 week block</li> <li>Mr Green</li> </ul>	w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February
	This is an offsite activity and transport to and from the sports centre needs to be arranged by parents	4pm - 5pm
		Book Direct: Uppingham Sports Centre 01572 820830
	Cambridge National Sport Studies	Until Feb HT - FREE
	Catch up	w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February
Thursday	<ul> <li>LRA4</li> <li>FREE</li> <li>Invite only</li> <li>Mrs White</li> </ul>	3.20pm – 4.20pm
		INVITE ONLY

	Year 8 Football FIXTURE	Thursday 13/01/22
		@ Broughton Astley
		Pick up time approx. 6:00pm
	Fitness Club (Year 9, 10, 11)	Until Feb HT - FREE
	<ul><li>Fitness Suite</li><li>FREE</li></ul>	w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February
	<ul><li>25 places</li><li>Mr Clamp</li></ul>	3.20pm – 4.20pm
		BOOK VIA WISEPAY
	Inclusive Sport Club	Until Feb HT - FREE
	<ul><li>Sports Hall (Lunch)</li><li>FREE</li><li>Invite only</li></ul>	w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February
	Mr Grandidge	1.25pm – 2pm
Friday		INVITE ONLY
	Fencing Club	Until Feb HT- £4 per session
	<ul> <li>Drama Studio</li> <li>£4 per session</li> <li>14 Places</li> <li>Mr Sharpe</li> </ul>	w/c 10 <sup>th</sup> January – 11 <sup>th</sup> February
		3.10pm – 4.10pm