

GCSE PE	Curriculum Intent: In Year 10 and 11, students will complete three elements of the course. They are required to demonstrate their performance in three sports; one of which will be an individual and one in a team sport and their final sport will be either a team or individual sport. Students will acquire knowledge from 7 theory units as prescribed by the AQA exam board and this will be assessed in the form of two exams at the end of Year 11. Students will make links between knowledge, understanding and application of this theory content, referring to the specification outline. A range of skills within these key areas will be developed throughout each unit with repeated practice in preparation for their exam studies. Students are required to complete a piece of written work, whereby they analyse a performance and highlight the strengths and weaknesses associated in these areas. Following on from this, students have to apply and evaluate a training programme.											
	Theory exam (60%)				Practical (30%)				Coursework (10%)			
Module	Units 1-7 On-going study across both years				On-going study across both years				Non examined content in terms 1 and 2 of Year 11			
Interleaving	Knowledge gained from the theory units will be revisited through the practical and coursework units.											
Knowledge	A range of key facts and ideas under the main unit headings of: <i>Anatomy and physiology</i> <i>Movement analysis</i> <i>Physical training</i> <i>Sports psychology</i> <i>Socio-cultural influences</i> <i>Health, fitness and well being</i> <i>Data analysis</i>				Key areas of knowledge vary based on the practical focus (see success criteria in the specification for each specific sport).				A range of key facts and ideas which include: Identify what makes a good performance and explain how it is measured <i>Training methods</i> <i>Components of fitness</i> <i>Theory content overlap</i>			
Understanding	Students will be able to show understanding by making contextual links between topics, using definitions and applying their knowledge to structured questions using sporting examples. They will also be able to make links between knowledge learnt to be able to review and interpret data based questions.				Students will be able to show understanding by linking all of the success criteria together to maximise performance in their chosen sport.				Students will be able to show understanding by justifying why skills are considered to be a weaknesses in relation to performance. They will also make links to understand strengths and weaknesses of a performance and show this understanding through creating an action plan in order to develop and enhance their weaknesses.			
Skills	Demonstrate	Analyse	Apply	Evaluate	Demonstrate	Analyse	Apply	Evaluate	Demonstrate	Analyse	Apply	Evaluate
Assessment	Topic tests; pre public exams.				A filmed or live demonstration of performance in their sport.				Final essay on analysis of performance.			