

<p><b>PE Year 9</b></p>	<p><b>Curriculum Intent:</b> In Year 9, students will explore a wide variety of sporting activities. They will focus on the coaching, leadership and officiating aspects of each sport and activity covered over the course of the year, exploring the individual elements that contribute towards the smooth delivery of an activity or game. Students will make links between these areas to develop their understanding of what skill and qualities are required to be an effective leader or officiator, whilst displaying their knowledge of the rules and appreciation of how to deliver / run a sports session. A range of skills within these key areas will be developed throughout each sport that is covered and repeated through practice. Each assessment will be used to inform future learning in the next unit, allowing teachers to focus on areas of knowledge and understanding, which may need more practice.</p>																			
<p><b>Units</b></p>	<p><b>Outwitting Opponents</b></p>				<p><b>Racket Sports</b></p>				<p><b>Athletics</b></p>				<p><b>Striking and Fielding</b></p>				<p><b>Creative Movement / Fitness</b></p>			
<p><b>Interleaving</b></p>	<p>Knowledge is gained through practical lessons and developed through practices</p>																			
<p><b>Knowledge</b></p>	<p>The rules associated with the sport or activity. The assessment methods to coach and develop performance. How to manage an organised activity / event.</p>				<p>The rules associated with the sport or activity. The assessment methods to coach and develop performance. How to manage an organised activity / event.</p>				<p>The rules associated with the sport or activity. How to accurately officiate and score an event The assessment methods to coach and develop performance. How to manage an organised activity / event.</p>				<p>The rules associated with the sport or activity. The assessment methods to coach and develop performance. How to manage an organised activity / event.</p>				<p>The safety precautions needed when planning a fitness session. The assessment methods to coach and develop a fitness session.</p>			
<p><b>Understanding</b></p>	<p>Shown through a range of contexts such as: <i>Applying the key rules of a game in order to effectively referee or umpire a competitive game with confidence.</i> <i>How to plan, lead and evaluate a sports session that is delivered to their peers, drawing upon prior knowledge and experience.</i></p>				<p>Shown through a range of contexts such as: <i>Applying the key rules of a game in order to effectively umpire a competitive match with confidence.</i> <i>How to plan, lead and evaluate a skill focused session that is designed to improve performance.</i></p>				<p>Shown through a range of contexts such as: <i>Applying the key rules and safety features to manage a competitive situation.</i> <i>How to accurately and consistently time, measure and record performance.</i> <i>How to provide feedback, drawing upon prior knowledge, in order to improve performance.</i></p>				<p>Shown through a range of contexts such as: <i>Applying the key rules of a game in order to effectively umpire a competitive match with confidence.</i> <i>How to deliver a skill focused session depending on highlighted weaknesses.</i></p>				<p>Shown through a range of contexts such as: <i>How to safely set up and execute a fitness session.</i> <i>How to analyse the technique of their peers whilst providing informed and suitable feedback.</i></p>			
<p><b>Skills</b></p>	<p>Demonstrate Analyse Apply Evaluate</p>				<p>Demonstrate Analyse Apply Evaluate</p>				<p>Demonstrate Analyse Apply Evaluate</p>				<p>Demonstrate Analyse Apply Evaluate</p>				<p>Demonstrate Analyse Apply Evaluate</p>			
<p><b>Assessment</b></p>	<p>Teacher observation Peer assessment Self-assessment</p>				<p>Teacher observation Peer assessment Self-assessment</p>				<p>Teacher observation Peer assessment Self-assessment</p>				<p>Teacher observation Peer assessment Self-assessment</p>				<p>Teacher observation Peer assessment Self-assessment</p>			